### Prasanta Chandra Mahalanobis Mahavidyalaya

## Lesson Plan (2018-19)

## **GEOGRAPHY HONOURS/ PROGRAMME COURSE**

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
July- September	Honours	GEOACOR01 T - Geotectonics and Geomorphology	<ol> <li>Earth's tectonic and structural evolution with reference to geological time scale</li> <li>Earth's interior with special reference to seismology.</li> <li>Isostasy: Models of Airy and Pratt</li> <li>Degradational processes:</li> <li>Weathering, mass wasting and resultant landforms</li> <li>Development of river network and landforms on uniclinal and folded structures</li> <li>Glacial and glacio-fluvial processes and landforms</li> <li>Models on landscape evolution: Views of Davis, Penck and Hack</li> </ol>	Black Board Teaching, PPT and ICT mode of Teaching	Continuous Evaluation & Class Test	25 Hours	AR, RB,SC, SR & SD
		GEOACOR01P - Geotectonics and Geomorphology	1. Megascopic identification of (a) <i>mineral samples</i> : Bauxite, calcite, chalcopyrite, feldspar, galena, gypsum, hematite, magnetite, mica, quartz, talc, tourmaline; and (b) <i>rock</i> <i>samples</i> : Granite, basalt, dolerite, laterite, limestone, shale, sandstone, conglomerate, slate, phyllite, schist, gneiss, quartzite, marble 2. Interpretation of geological maps with unconformity and intrusions on uniclinal and folded structures	Black Board Teaching & Hands On Practice	Continuous Evaluation & Class test	30 hours	AR & SC

## **SEMESTER-I HONOURS (CBCS)**



		GEOACOR0	1. Maps: Classification and	Black	Class Tests-	35 hours	AR, RB
		2T –	types. Components of a map	Board	& Internal		& SR
		Cartographic	2. Concept and application of	Teaching	Evaluation		
		Techniques	scales: Plain, comparative,	& Hands			
			diagonal and vernier	On			
			3 Survey of India topographical	Practice			
			maps: Reference scheme of old	Theree			
			and open series. Information on				
			the margin of mans				
			4 Coordinate systems: Polar and				
			rectangular				
		GEOACOR0		Black	Continuous	25 Hours	AR &
		2P -	1. Graphical construction of	Board	Evaluation		RB
		Cartographic	scales: Plain, comparative,	Teaching	& Class test		
		Techniques	diagonal and vernier	& Hands-			
		1	3. Delineation of drainage basin	on			
			from Survey of India	Practice			
			topographical map. Construction				
			and interpretation of relief				
			profiles (superimposed,				
			projected and composite),				
			relative relief map, slope map				
			(Wentworth), and stream				
			ordering (Strahler) on a drainage				
			basin.				
			e usili				
October -	Honours	GEOACOR01	3. Plate Tectonics as a unified	Black	Continuous	35 Hours	AR,
October - December	Honours	GEOACOR01 T -	3. Plate Tectonics as a unified theory of global tectonics:	Black Board	Continuous Evaluation	35 Hours	AR, RB,SC,
October - December	Honours	GEOACOR01 T - Geotectonics	3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate	Black Board Teaching,	Continuous Evaluation & Class	35 Hours	AR, RB,SC, SR &
October - December	Honours	GEOACOR01 T - Geotectonics and	3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins	Black Board Teaching, PPT and	Continuous Evaluation & Class Test	35 Hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology	3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots	Black Board Teaching, PPT and ICT mode	Continuous Evaluation & Class Test	35 Hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics:</li> <li>Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and</li> </ul>	Black Board Teaching, PPT and ICT mode of	Continuous Evaluation & Class Test	35 Hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics:</li> <li>Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching	Continuous Evaluation & Class Test	35 Hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics:</li> <li>Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching	Continuous Evaluation & Class Test	35 Hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics:</li> <li>Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching	Continuous Evaluation & Class Test	35 Hours	AR, RB,SC, SR & SD
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October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) min and some langlogical procession</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on	Continuous Evaluation & Class Test	35 Hours 30 hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01 P -	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) <i>mineral samples</i>: Bauxite, advite, chelophyrita faldener</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on Practice	Continuous Evaluation & Class Test Continous Evaluation	35 Hours 30 hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01 P - Geotectonics	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) <i>mineral samples</i>: Bauxite, calcite, chalcopyrite, feldspar, galena.</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on Practice & Field Visit in	Continuous Evaluation & Class Test Continous Evaluation & Class test	35 Hours 30 hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01 P - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) <i>mineral samples</i>: Bauxite, calcite, chalcopyrite, feldspar, galena, gursum hematite, magnetite</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on Practice & Field Visit in Geologias	Continuous Evaluation & Class Test Continous Evaluation & Class test	35 Hours 30 hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01 P - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) <i>mineral samples</i>: Bauxite, calcite, chalcopyrite, feldspar, galena, gypsum, hematite, magnetite, mica quartz tale tourmaline;</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on Practice & Field Visit in Geologica	Continuous Evaluation & Class Test Continous Evaluation & Class test	35 Hours 30 hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01 P - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) <i>mineral samples</i>: Bauxite, calcite, chalcopyrite, feldspar, galena, gypsum, hematite, magnetite, mica, quartz, talc, tourmaline; and (b) rock samples: Granite</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on Practice & Field Visit in Geologica I survey of India	Continuous Evaluation & Class Test Continous Evaluation & Class test	35 Hours 30 hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01 P - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) <i>mineral samples</i>: Bauxite, calcite, chalcopyrite, feldspar, galena, gypsum, hematite, magnetite, mica, quartz, talc, tourmaline; and (b) <i>rock samples</i>: Granite, basalt dolerite laterite</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on Practice & Field Visit in Geologica I survey of India, Kolkata	Continuous Evaluation & Class Test Continous Evaluation & Class test	35 Hours 30 hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01 P - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) <i>mineral samples</i>: Bauxite, calcite, chalcopyrite, feldspar, galena, gypsum, hematite, magnetite, mica, quartz, talc, tourmaline; and (b) <i>rock samples</i>: Granite, basalt, dolerite, laterite, limestone, shale, sandstone</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on Practice & Field Visit in Geologica I survey of India, Kolkata	Continuous Evaluation & Class Test Continous Evaluation & Class test	35 Hours 30 hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01 P - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) <i>mineral samples</i>: Bauxite, calcite, chalcopyrite, feldspar, galena, gypsum, hematite, magnetite, mica, quartz, talc, tourmaline; and (b) <i>rock samples</i>: Granite, basalt, dolerite, laterite, limestone, shale, sandstone, conglomerate slate phyllite</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on Practice & Field Visit in Geologica I survey of India, Kolkata	Continuous Evaluation & Class Test Continous Evaluation & Class test	35 Hours 30 hours	AR, RB,SC, SR & SD
October - December	Honours	GEOACOR01 T - Geotectonics and Geomorphology GEOACOR01 P - Geotectonics and Geomorphology	<ul> <li>3. Plate Tectonics as a unified theory of global tectonics: Processes and landforms at plate margins and hotspots</li> <li>4. Folds and Faults—origin and types</li> <li>7. Development of landforms on granites, basalts and limestones.</li> <li>8. Coastal processes and landforms</li> <li>10. Aeolian and fluvio-aeolian processes and landforms</li> <li>1. Megascopic identification of (a) <i>mineral samples</i>: Bauxite, calcite, chalcopyrite, feldspar, galena, gypsum, hematite, magnetite, mica, quartz, talc, tourmaline; and (b) <i>rock samples</i>: Granite, basalt, dolerite, laterite, limestone, shale, sandstone, conglomerate, slate, phyllite, schist, gneiss.</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching Hands on Practice & Field Visit in Geologica I survey of India, Kolkata	Continuous Evaluation & Class Test Continous Evaluation & Class test	35 Hours 30 hours	AR, RB,SC, SR & SD



		2. Interpretation of geological maps with unconformity and intrusions on uniclinal and folded structures				
	GEOACOR0 2T – Cartographic Techniques	<ul> <li>5. Concept of generating globe and UTM projection</li> <li>6. Grids: angular and linear systems of measurement</li> <li>7. Map projections: Classification, properties and uses</li> </ul>	Black Board Teaching & Hands On Practice	Class Test	20 Hours	AR & SR
	GEOACOR0 2P - Cartographic Techniques	<ol> <li>Construction of projections: Polar Zenithal Stereographic, Simple Conic with two standard parallels, Bonne's, Cylindrical Equal Area, and Mercator's</li> <li>Correlation between physical and cultural features from Survey of India topographical maps using transect chart.</li> </ol>	Black Board Teaching & Hands On Practice	Continuous Evaluation & Class test	35 hours	AR, RB & SR
	Total				235 Hours	

- Billings, M.P. 1971. Structural Geology, Pearson.
- Kale, V.S., Gupta, A. 2001.Introduction to Geomorphology, Orient Longman.
- Strahler, A. 2016. Introducing Physical Geography, 6th ed, Wiley.
- Summerfield, M.J. 2003. Global Geomorphology: An Introduction to the Study of landforms, Longman.
- Thornbury, W.D. 1969. Principles of Geomorphology, 2nd ed, Wiley-India / CBS.
- Monkhouse, F.J., Wilkinson, H.R. 1971. Maps and Diagrams: Their Compilation and Construction, 3rd ed (2017 reprint), Alphaneumera-Kolkata.
- Robinson, A.H., Morrison, J.L., Phillip, C.M., Kimerling, A.J., Guptill, S.C. 1995. Elements of Cartography, 6th ed, Wiley.
- Sarkar, A. 2015. Practical Geography: A Systematic Approach, 3rd ed, Orient Blackswan Private Ltd.
- Sen, P.K. 1989. Geomorphological Analysis of Drainage Basin: An Introduction to Morphometric and
- Hydrological Parameters, University of Burdwan.
- Singh, R.L., Singh, R.P.B. 2008. Elements of Practical Geography, Kalyani Publishers.
- Vaidyanadhan, R., Subbarao, K.V. 2014.Landforms of India from Topomaps and Images, Geological Society of India.



## Semester-I General & Programme Course (CBCS)

Period	Hons/ Program me Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
July- September	General	GEOGCO R01T - Physical Geography	<ul> <li>6. Physical Geography – Definition and Scope, Components of Earth System.</li> <li>7. Internal Structure of Earth based on Seismic Evidence, Plate Tectonics and its associated Features.</li> <li>10. Formation of erosional and depositional landforms by coastal and aeolian processes</li> <li>11. Insolation and Heat Balance.</li> <li>15.Hydrological Cycle, Ocean Bottom Relief Features, ocean currents.</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching	Class Test	40 Hours	AR, RB, SC & SD
October - December	General	GEOGCO R01T - Physical Geography	<ul> <li>8. Influence of rocks on topography: Limestone and Granite</li> <li>9. Evolution of landforms under fluvial process, Normal Cycle of Erosion of Davis</li> <li>Insolation and Heat Balance.</li> <li>12. Horizontal and Vertical distribution of temperature and pressure</li> <li>13. Planetary wind system, characteristics of Monsoon and Tropical Cyclone</li> <li>14. Climatic Classification: Köppen</li> </ul>	Black Board Teaching, PPT and ICT mode of Teaching	Class Test	45 Hours	AR, RB, SC & SD
		Total				85 Hours	

#### **Recommended books:**

- Kale, V.S., Gupta, A. 2001.Introduction to Geomorphology, Orient Longman.
- Lal, D.S. 2012. Climatology. Sharda PustakBhawan.
- Raghunath, H.M. 2006. Hydrology: Principles, Analysis, Design, 3rd ed, New Age International Publishers
- Husain M., 2002: Fundamentals of Physical Geography, Rawat Publications, Jaipur.
- Monkhouse, F. J. 2009: Principles of Physical Geography, Platinum Publishers, Kolkata.
- Strahler A. N. and Strahler A. H., 2008: Modern Physical Geography, John Wiley & Sons, New York.



## PART-II HONOURS (1 + 1+ 1 System)

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
July- September	Honours	nours PAPER-III: Climatology, Soil Geography & Biogeography	<ul> <li>GROUP A: CLIMATOLOGY</li> <li>1. Nature, composition and layering of the atmosphere.</li> <li>2. Factors affecting insolation &amp; heat budget of the atmosphere.</li> <li>4. Green house effect on global environment, importance of ozone layer.</li> <li>5. Planetary wind system with special reference to tri-cellular model, Rossby Waves, Jet Streams</li> </ul>	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	12 Hours	AR & SD
			<ul> <li>GROUP B: SOIL GEOGRAPHY</li> <li>1. Soil: Definition, factors and processes of formation.</li> <li>3. Physical properties of soil: texture, structure, colour and moisture.</li> <li>4. Chemical properties of soil: pH and organic matter.</li> </ul>	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	10 Hours	RB & SR
			<b>GROUP C: BIO-GEOGRAPHY</b> 1. Definitions of biosphere and biogeography. Concept of ecosystem – basic ecological principles – ecotone, communities, niche, succession, and habitat.	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	8 Hours	SC
October -	Honours	PAPER-III: Climatology,	<ul> <li>GROUP A: CLIMATOLOGY</li> <li>3. Horizontal and vertical distribution of temperature, inversion of temperature.</li> <li>6. Genesis of Monsoon and its relation with Jet Stream, El Nino and La Nina.</li> <li>7. Processes of condensation and mechanism of precipitation: Bergereon-Fiendison, Collision-Coalescence theories.</li> </ul>	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	12 Hours	AR & SD
December		Geography & Biogeography	<ul> <li>GROUP B: SOIL GEOGRAPHY</li> <li>2. Concept of zonal, azonal and intrazonal soils, profile development under different conditions</li> <li>– Podzols, Chernozems and Laterites.</li> <li>5. Soil erosion: types, factors and management.</li> </ul>	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	15 Hours	RB & SR



			6. Principles of soil classification: Genetic and Taxonomical – with special reference to India.				
			<ul> <li>GROUP C: BIO-GEOGRAPHY</li> <li>2. Ecosystem and energy: Energy sources, laws of energy exchange, food chains and food web.</li> <li>4. Spatial distribution of world fauna.</li> </ul>	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	10 Hours	SC & SD
January - March			<b>GROUP A: CLIMATOLOGY</b> 8. Tropical and mid latitude cyclones. 9. Climatic classification after Koppen and Thornthwaite.	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	12 Hours	AR
	Honours	onours PAPER-III: Climatology, Soil Geography & Biogeography	<b>GROUP B: SOIL GEOGRAPHY</b> 7. Principles of land classification: USDA	PPT Presentation and ICT Mode of Teaching	Class Test	5 Hours	RB
			<ul> <li>GROUP C: BIO-GEOGRAPHY</li> <li>3. Concept of Biomes: study of Tropical rainforest, Taiga, Savannah, Desert, Tundra and Temperate grasslands.</li> <li>5. Concept of Biodiversity and wildlife conservation in India, Projects and their importance – Project Tiger and Man and Biosphere Programme.</li> </ul>	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	10 Hours	SC & SD
		DADED III.	<b>GROUP A: CLIMATOLOGY</b> All Topics (Revision and Remedial classes)	Question Answer Discussion and Blackboard Teaching		6 Hours	AR & SD
April - June	Honours	ours PAPER-III: Climatology, Soil Geography & Biogeography	<b>GROUP B: SOIL GEOGRAPHY</b> All Topics (Revision and Remedial classes)	Question Answer Discussion and Blackboard Teaching		6 Hours	RB & SR
			<b>GROUP C: BIO-GEOGRAPHY</b> All Topics (Revision and Remedial classes)	Question Answer Discussion and		6 Hours	SC & SD



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				Blackboard			
			1. Scales: Linear, diagonal	Black Board Teaching and Hands	Continuous Evaluation and Class	12 Hours	RB
			<ul> <li>2. Megascopic analysis of minerals and rocks :</li> <li>a) Rocks – Granite, Basalt, Dolerite, Shale, Sandstone, Limestone, Conglomerate, Slate, Phyllite, Schist, Marble, Quartzite, Gneiss.</li> </ul>	Hands on Practice and Visit to Geological Survey of India	Continuous Evaluation and Class Test	10 Hours	SC
July - September	Honours	<b>PAPER-IV</b> (Practical): Applied Geographical Techniques	<ul> <li>3. Interpretation of topographical maps of Plateau region with R.F 1: 50,000:</li> <li>a) Demarcation of drainage basin (not more than 4th order, based on Strahler) b) Construction of profiles: superimposed, projected, composite and long profile of river (length of the river not more than 10 km).</li> <li>d) Road density (to be shown gridwise).</li> </ul>	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	12 Hours	AR & SR
			<ul><li>4. Cartograms and thematic mapping :</li><li>a) Choropleth showing density of population</li></ul>	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	4 Hours	SD
			<ul><li>5. Projections:</li><li>a) Concept, classification,</li><li>constructions and suitability</li></ul>	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	4 Hours	RB
			1. Scales: Vernier, enlargement and reduction of map	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	8 Hours	SR
October - December	Honours	<b>PAPER-IV</b> (Practical): Applied Geographical Techniques	<ul> <li>2. Megascopic analysis of minerals and rocks :</li> <li>b) Minerals and ores – Talc, Gypsum, Calcite, Mica, Feldspar, Quartz, Syllabus for BA/BSc Honours Course of Geography, West Bengal State University, 2009-10 13 Chalcopyrite, Hematite, Magnetite, Bauxite, Galena.</li> </ul>	Hands on Practice	Continuous Evaluation and Class Test	5 Hours	SC
			<ul> <li>3. Interpretation of topographical maps of Plateau region with R.F 1: 50,000:</li> <li>c) The morphometric analysis to be done in 10 X 12cm grid i Drainage density (to be shown by isopleth) ii Average slope (Wentworth's method</li> </ul>	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	12 Hours	AR & SR



			<ul> <li>to be shown by isopleth) iii Relative Relief (to be shown by isopleth)</li> <li>e) Interpretation of relief, drainage and vegetation characteristics. f)</li> <li>Interpretation of settlement, transport and communication systems.</li> <li>6. Survey:</li> <li>a) Closed traverse survey by</li> <li>Prismatic Compass.</li> <li>3. Interpretation of topographical maps of Plateau region with R.F 1: 50,000:</li> <li>g) Relationship between physical and cultural elements (Transect</li> </ul>	Black Board Teaching and Hands on Practice Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test Continuous Evaluation and Class Test	8 Hours 8 Hours	RB
			<ul> <li>Chart, not more than 8 km).</li> <li>4. Cartograms and thematic mapping     </li> <li>b) Dots and Spheres diagram     </li> <li>showing distribution of rural and     </li> <li>urban population. c) Proportional     </li> <li>pie-diagrams representing economic     </li> <li>data and landuse data.</li> <li>5. Projections</li> </ul>	Black Board Teaching and Hands on Practice Black Board	Continuous Evaluation and Class Test Continuous	6 Hours	SD RB
January - March	Honours	Honours (PAPER-IV (Practical): Applied Geographical Techniques	b) Construction and properties of: Zenithal Gnomonic and Stereographic (Polar Case), Simple Conic (with one standard parallel), Bonne's, Sinusoidal, Polyconic,	Teaching and Hands on Practice	Evaluation and Class Test		
			5. Projections Cylindrical Equal Area and Mercator's Projections	Teaching and Hands on Practice	Evaluation and Class Test	6 Hours	SC
			<ul><li>6. Survey:</li><li>b) Levelling by Dumpy Level with at least one change point: Drawing of profile and determination of gradient.</li></ul>	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	10 Hours	AR
			<ul><li>5. Projections</li><li>b) Construction and properties of: Cylindrical Equal Area and Mercator's Projections.</li></ul>	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	8 Hours	SC
April - June	Honours	PAPER-IV (Practical): Applied Geographical Techniques	<ul> <li>2. Megascopic analysis of minerals and rocks : (10 marks)</li> <li>a) Rocks – Granite, Basalt, Dolerite, Shale, Sandstone, Limestone, Conglomerate, Slate, Phyllite, Schist, Marble, Quartzite, Gneiss.</li> <li>b) Minerals and ores – Talc, Gypsum, Calcite, Mica, Feldspar,</li> </ul>	Hands on Practice		4 Hours	SC



		Quartz, Syllabus for BA/BSc Honours Course of Geography, West Bengal State University, 2009-10 13 Chalcopyrite, Hematite, Magnetite, Bauxite, Galena.			
		<ul><li>6. Survey:</li><li>a) Closed traverse survey by</li><li>Prismatic Compass.</li><li>b) Levelling by Dumpy Level with at least one change point: Drawing of profile and determination of gradient.</li></ul>	Hands on Practice	6 Hours	AR & RB
	Total			245 Hours	

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- Dash, M.C., 2001. Fundamentals of Ecology, 2nd edition, Tata McGraw-Hill, New Delhi.
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- Monkhouse, F.J., Wilkinson, H.R. 1971. Maps and Diagrams: Their Compilation and Construction, 3rd ed (2017 reprint), Alphaneumera-Kolkata.
- Sarkar, A. 2015. Practical Geography: A Systematic Approach, 3rd ed, Orient Blackswan.
- Singh, R.L., Singh, R.P.B. 2008. Elements of Practical Geography, Kalyani Publishers.
- Pal S. K., 1998. Sstatistics for Geoscientists: Techniques and Applications, Concept Pub Co.





## Part-II General & Programme Course (1 + 1+ 1 System)

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
July- September	General PAPER-II: Human Geography and Regional Geography of India		<ul> <li>GROUP-A: Population and Social Geography</li> <li>1. Factors of growth and distribution of world population.</li> <li>3. Migration: Types, causes and consequences.</li> <li>GROUP-B: Economic</li> </ul>	Black Board Teaching Black	Class Test Class Test	8 Hours	AR & RB
		<ul> <li>Geography</li> <li>1. Sectors of the economy: primary, secondary, tertiary and quaternary: Changing emphasis through time.</li> <li>2. Types of agriculture:</li> <li>a) Shifting cultivation of India.</li> <li>b) Intensive subsistence rice farming in India.</li> <li>c) Plantation farming in India: Tea and Coffee</li> </ul>	Board Teaching				
			GROUP-C: Regional Geography and Environmental Issues of India 1. Regions of India: a) Concept of regions: formal and functional b) Broad physiographic regions of India: special reference to Deccan Trappe 2. Indian monsoon and its impact: problem of flood, drought and cyclone.	Black Board Teaching	Class Test	8 Hours	SC & SR
October - December	General	PAPER-III (Practical): Applied Geographical Techniques	<ul> <li>GROUP-A:</li> <li>CARTOGRAPHY.</li> <li>1. Scales: Concept of scales, drawing of linear scales.</li> <li>2. Projections: Concept and major classification.</li> <li>Construction may be done graphically or</li> </ul>	Black Board Teaching and Hands on Practice	Class Test	10 Hours	AR, RB & SD



			<ul> <li>mathematically</li> <li>a) Simple conic with one standard parallel</li> <li>b) Cylindrical Equal Area</li> <li>c) Polar Zenithal Gnomonic.</li> <li>3. Cartograms: Choropleth, pie- graphs</li> <li>GROUP-D: FIELD REPORT</li> <li>GROUP-B: MAP INTERPRETATION</li> <li>1. Basis of numbering and scale of Survey of India Topographical sheets.</li> </ul>	Field Visit Black Board Teaching and Hands on Practice	Continuous Evaluation Class Test	5 Hours 2 Hours	SC SC
January - March	General	PAPER-II: Human Geography and Regional Geography of	<ul> <li>GROUP-A: Population and Social Geography</li> <li>2. Fertility, mortality and age- sex structure of population with reference to India.</li> <li>4. Contemporary Social issues: Literacy and poverty.</li> <li>GROUP-B: Economic Geography</li> <li>3. Scales of production: cottage, small scale and large- scale industries — general characteristics and examples.</li> <li>4. Location, problems and prospects of Indian industries.</li> <li>a) Cotton textile industry.</li> </ul>	Black Board Teaching, ICT Mode of Teaching Black Board Teaching,	Class Test	4 Hours 6 Hours	AR & RB RB & SD
		India	GROUP-C: Regional Geography and Environmental Issues of India 1. Regions of India: c) Agricultural Regions of India: special reference to Punjab-Haryana wheat belt, d) Industrial Regions of India: special reference to Asansol- Durgapur industrial belt. 3. Forest resources of India: issues concerning deforestation and social forestry.	ICT Mode of Teaching	Class Test	8 Hours	SC & SR



			4. Causes and consequences of soil erosion in India.				
		G G G T	<b>GROUP-A:</b> <b>CARTOGRAPHY</b> . 3. Cartograms: square diagrams with proportional scales.	Black Board Teaching and Hands on Practice	Class Test	4 Hours	AR
	PAPER-III (Practical): Applied Geographical Techniques	GROUP-B: MAP INTERPRETATION 2. Interpretation of 1:50,000 topographical sheets under the following heads: I. Interpretation of relief and drainage from topographical maps with profiles and sketches. II. Interpretation of communication and settlement from topographical maps with sketches.	Black Board Teaching and Hands on Practice	Class Test	6 Hours	SC	
			<ul> <li>GROUP-C: STATISTICS</li> <li>1. Nature and classification of data.</li> <li>2. Process of tabulation and graphical representation: histogram, frequency polygon, cumulative frequency curve.</li> </ul>	Black Board Teaching and Hands on Practice	Class Test	8 Hours	RB
			GROUP-D: FIELD REPORT	Black Board Teaching, ICT Mode of Teaching	Continuous Evaluation	10 Hours	SC
April - June	General	PAPER-III (Practical): Applied Geographical	<b>GROUP-B: MAP</b> <b>INTERPRETATION</b> 2. Interpretation of 1:50,000 topographical sheets under the following heads: III. Relationship between physical and cultural features with the help of transect chart.	Black Board Teaching and Hands on Practice	Class Test	8 Hours	SC
		Techniques	<b>GROUP-C: STATISTICS</b> 3. Measures of central tendency: mean, median and mode.	Black Board Teaching and Hands on Practice	Class Test	5 Hours	RB



		<b>GROUP-D: FIELD REPORT</b>	Black	Continuous	8 Hours	SC
			Board	Evaluation		
			Teaching			
			and Hands			
			on Practice			
	Total				110 Hours	

#### **Recommended books:**

- Bandyopadhyay, T. and Mallik, G. Arthanaitik Sampad Samiksha, Chhaya Prakashani
- Bhattacharyya, A and Bhattacharyya, B. Samaj Bijnaniya Bhugol, West Bengal State Book Board.
- Chattopadhyay, A. Sampad Samiksha / Arthanaitik Bhugol O Sampad Shastrer Parichay, TD Publications
- Guha, J.L. and Chattoraj, P.R. 1998. A New Approach to Economic Geography: A Study of Resources, 15<sup>th</sup> edition, World Press, Calcutta.
- Leong, G.C. and Morgan, G.C. 1982. Human and Economic Geography, 2nd edition, Oxford University Press, Oxford.
- Das D and Hazra J. Snatok Byaboharik Bhugol. Chhaya Prokashoni
- Sarkar A. Practical Geography. Revised edition. Orient Blackswan Private Ltd.





# PART- III HONOURS (1 + 1+ 1 System)

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
July- September	Honours	PAPER-V: Social, Political And Regional Geography	<ul> <li>GROUP A: SOCIAL, CULTURAL AND POLITICAL GEOGRAPHY</li> <li>1. Concept of culture and its components with special emphasis on India: language, religion and ethnicity.</li> <li>2. Social geography of rural India: caste structure and social stratification; tribe – Santhals and Lepcha.</li> </ul>	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	8 Hours	SD
			<b>GROUP B: REGIONAL</b> <b>GEOGRAPHY</b> 1. Concepts of regions; basis of regionalization with reference to India physical, economic and planning.	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	6 Hours	SC
October - December	Honours	<b>PAPER-V:</b> Social, Political And Regional	<ul> <li>GROUP A: SOCIAL, CULTURAL</li> <li>AND POLITICAL GEOGRAPHY</li> <li>5. Concept of Political Geography and geo-politics; concept of frontier and boundary</li> <li>6. Concept of cold war; bi- polarisation and unipolarisation.</li> <li>7. Political geography of India:</li> <li>Administrative settings of India, problem of border states, partition and its geo-political implications.</li> </ul>	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	8 Hours	RB
		Geography	GROUP B: REGIONAL GEOGRAPHY 3. Regional disparities in India: causes and implications	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	8 Hours	AR



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January - March	Honours	<b>PAPER-V:</b> Social, Political And Regional Geography	GROUP A: SOCIAL, CULTURAL AND POLITICAL GEOGRAPHY 3. Urban social Geography — Social ecology and social space. 4. Rural settlements – its forms, site and situations. Urban settlement – morphology and hierarchy. GROUP B: REGIONAL GEOGRAPHY 2. b) Agricultural Region of India of India with special reference to Punjab-Haryana c) Industrial Region of India with special reference to Mumbai-Pune industrial bel	Black Board Teaching, PPT Presentation and ICT Mode of Teaching PPT Presentation and ICT Mode of Teaching	Class Test	10 Hours 6 Hours	SD SC
April - June	Honours	<b>PAPER-V:</b> Social, Political And Regional Geography	GROUP A: SOCIAL, CULTURAL AND POLITICAL GEOGRAPHY All Topics (Revision and Remedial classes) GROUP B: REGIONAL GEOGRAPHY All Topics (Revision and Remedial classes)	Question Answer Discussion and Blackboard Teaching Question Answer Discussion and Blackboard		4 Hours 4 Hours	AR & SD RB & SR
July- September	Honours	<b>PAPER-VI:</b> Philosophy of Geography and Contemporary Issues	GROUP A: PHILOSOPHY OF GEOGRAPHY 1. Definition and nature of Geography. 2. Selected contributors in the evolution of geographical thought Humboldt, Vidal de la Blache, Carl Sauer and David Harvey GROUP B: CONTEMPORARY ISSUES IN GEOGRAPHY 9. Concept of third world, concept of development and under development: Basic indicators of economic, human and gender development. 10. Problems of third world – Poverty, Population explosion, food security and hunger, unemployment, malnutrition and child labour.	Teaching Black Board Teaching, PPT Presentation and ICT Mode of Teaching Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	10 Hours 10 Hours	AR RB

October - December	Honours <sup>O</sup>	<b>PAPER-VI:</b> Philosophy of Geography and Contemporary Issues	GROUP A: PHILOSOPHY OF GEOGRAPHY 3. Major postulates: Determinism, Possibilism, Regional differentiation, location, time and space.	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	8 Hours	AR
			<ul> <li>GROUP B: CONTEMPORARY</li> <li>ISSUES IN GEOGRAPHY</li> <li>. 5. Concept of hazards and disasters: Natural, quasi-natural and man-made hazards, different approaches in hazard management.</li> <li>6. Climatic hazards: Flood, drought and cyclone mechanism – environmental impact and management.</li> </ul>	Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	8 Hours	SC
January - March		Ionours PAPER-VI: Philosophy of Geography And Contemporary Issues	GROUP A: PHILOSOPHY OF GEOGRAPHY 4. Changing approaches and methodology: Positivism, Quantitative Revolution, WelfareBehavioural approach, Structural and radical approach	Black Board Teaching, PPT Presentation and ICT Mode of Teaching	Class Test	8 Hours	AR
	Honours		GROUP B: CONTEMPORARY ISSUES IN GEOGRAPHY . 7. Geomorphic hazards: landslide, river bank erosion, coastal erosion environmental impact and management. 8. Edaphic and biotic hazards: Deforestation, desertification, loss of bio-diversity — environmental impact and management	PPT Presentation and ICT Mode of Teaching	Class Test	6 Hours	SC
April - June	Honours	Honours PAPER-VI: Philosophy of Geography And Contemporary Issues	<b>GROUP A: PHILOSOPHY OF</b> <b>GEOGRAPHY</b> All Topics (Revision and Remedial classes)	Question Answer Discussion and Blackboard Teaching		3 Hours	AR
			GROUP B: CONTEMPORARY ISSUES IN GEOGRAPHY 11. Globalization and sustainable development. 12. Problem of urbanization.	Black Board Teaching and Hands on Practice		3 Hours	RB
July- September	Honours	PAPER- VII: Applied	13. Interpretation of geological maps and drawing of sections: Uniclinal,	Black Board	Continuous Evaluation	10 Hours	RB

		Geographical Techniques		Teaching and Hands	and Class Test		
		(Practical)		on Practice			
			14. Interpretation of Indian Daily Weather Maps – Monsoon	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	10 Hours	AR
			<ul> <li>15. Remote Sensing</li> <li>a. Basic concept of remote sensing,</li> <li>EMR, Band</li> <li>b. Types of satellites and sensors with special reference to IRS series of satellites; types of resolutions and their applicability</li> </ul>	PPT Presentation and ICT Mode of Teaching	Continuous Evaluation and Class Test	8 Hours	SD
			17. Field Report:	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	20 Hours	AR + RB
			13. Interpretation of geological maps and drawing of sections: folds with unconformity and igneous intrusions	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	10 Hours	RB
			14. Interpretation of Indian Daily Weather Maps –Post Monsoon.	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	8 Hours	AR
October - December	Honours	PAPER- VII: Applied Geographical Techniques (Practical)	<ul> <li>15. Remote Sensing</li> <li>c. Principles of preparing standard</li> <li>false colour composite, landuse and</li> <li>land cover mapping from standard</li> <li>FCC with header information.</li> <li>d. Interpretation of aerial photograph</li> <li>basic principles of aerial</li> <li>photography, side lap, end lap, flight</li> <li>line, air base, fudicial marks,</li> <li>.Principle Point, Nadir Point,</li> <li>Conjugate Principal Point,</li> </ul>	PPT Presentation and ICT Mode of Teaching	Continuous Evaluation and Class Test	6 Hours	AR + SD
			17. Field Report:	Black Board Teaching and Hands on Practice	Evaluation and Class Test	18 Hours	AR + RB
			16. Geographical Information System. a. Concept of GIS and its applicability: Spatial and attribute data, raster and	Hands on Practice	Continuous Evaluation	6 Hours	SD

			vector data structure and concept of information layers in GIS. b. Georeferencing of scanned maps and ascribing projection (Polyconic/ UTM)	through software	and Class Test		
			15. Remote Sensing e. Preparation of aerial photo mosaics, demarcation of effective area, extraction of cultural and physiographic features within this area with preparation of interpretation key.	Hands on Practice	Continuous Evaluation and Class Test	6 Hours	SR
January - March	Honours	PAPER- VII: Applied Geographical Techniques (Practical)	<ul> <li>16. Geographical Information System</li> <li>c. Digitisation of point, line and polygon layers; Attachment of appropriate attribute tables.</li> <li>d. Preparation of thematic maps from attached data: choropleth, pie chart and bar graphs.</li> </ul>	Hands on Practice through software	Continuous Evaluation and Class Test	10 Hours	AR + SD
			17. Field Report:	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	16 Hours	AR + RB
		PAPER-	15. Remote Sensing All Topics (Revision and Remedial classes)	Hands on Practice		5 Hours	SR
April - June	Honours	Geographical Techniques (Practical)	16. Geographical Information System All Topics (Revision and Remedial classes)	Black Board Teaching and Hands on Practice		6 Hours	AR + SD
July - September	Honours	Paper-VIII Statistical Techniques and Contemporary Issues in Geography	<ul> <li>Group-A: Statistical Techniques</li> <li>1. Nature of statistical data: discrete, continuous, parametric and non-parametric data.</li> <li>2. Tabulation and classification of statistical data.</li> <li>3. Frequency distribution: histogram, frequency polygon, ogive, normal and skewed distribution, measures of skewness.</li> </ul>	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	12 Hours	AR + RB
		(Practical)	Group-B: Contemporary issues in Geography Section-A : Representation of climatic and hydrological data of the Indian Sub-continent.	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	8 Hours	SR



			1. a) Preparation and Interpretation of a climatic chart showing relationship between rainfall, temperature, pressure and relative humidity of a station for three months, preparation and interpretation of Taylor's Climograph and Hythergraph				
			Group-B: Contemporary issues in Geography Section-B: Economic and Human Development in Third World. 3. Computation of Human and Gender Development Index and ranking of countries/states/districts based on HDI and GDI.	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	8 Hours	SD
			<ul> <li>Group-A: Statistical Techniques</li> <li>4. Measures of central tendency: mean, median, mode, partition values</li> <li>: quartile, decile, percentile.</li> <li>5. Measures of dispersion: mean deviation, quartile deviation, semi- quartile range, standard deviation and co-efficient of variation.</li> <li>6. Simple bivariate correlation and regression trend line.</li> <li>7. Time series analysis.</li> </ul>	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	16 Hours	AR + RB
October - December	Honours	<ul> <li>Paper-VIII</li> <li>Statistical</li> <li>Techniques</li> <li>and</li> <li>Contemporar</li> <li>y Issues in</li> <li>Geography</li> </ul>	Group-B: Contemporary issues in Geography Section-A : Representation of climatic and hydrological data of the Indian Sub-continent. b) Preparation of station models for different meteorological stations of India with the help of Synoptic chart.	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	5 Hours	SC
		(Practical)	Group-B: Contemporary issues in Geography Section-B: Economic and Human Development in Third World. 4. Preparation of questionnaire schedule for assessment of development and for perception survey.	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	5 Hours	SD
			Group-B: Contemporary issues in Geography Section-A : Representation of climatic and hydrological data of the Indian Sub-continent.	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	5 Hours	SC



						1	
			2. Preparation and interpretation of				
			rating curves, hydrographs and unit				
			hydrographs of rivers flowing				
			through the Indian Sub-continent.				
			Group-B: Contemporary issues in	Black Board	Continuous	10 Hours	SD +
			Geography	Teaching	Evaluation		SR
			Section-B: Economic and Human	and Hands	and Class		
			Development in Third World.	on Practice	Test		
			5. Measures of Spatial and size-class				
			distribution.				
			6. a) Dominant-distinctive function.				
			b) Rank-size rule. c) Lorenz curve				
			Group-A: Statistical Techniques	Hands on		4 Hours	AR +
		Paper-VIII	All Topics (Revision and Remedial	Practice			RB
		Statistical	classes)				
		Techniques	Group-B: Contemporary issues in	Hands on		6 Hours	SR &
April -	Honours	and	Geography	Practice			SC
June	lionouis	Contemporar	Section-A : Representation of				
		y Issues in	climatic and hydrological data of				
		Geography	the Indian Sub-continent.				
		(Practical)	All Topics (Revision and Remedial				
			classes)			- <b>TT</b>	<b>a b</b> a
			Group-B: Contemporary issues in	Hands on		6 Hours	SD &
			Geography	Practice			SK
			Section-B: Economic and Human				
			Development in Third world.				
			All Topics (Kevision and Kemedial				
		Total				33/ Hours	
		10141				554 Hours	

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- Chand, M., Puri, V.K. 2000. Regional Planning In India, Allied Publishers Ltd.
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- Robinson A., 1953: Elements of Cartography, John Wiley.
- Mishra R. P. and Ramesh A., 1989: Fundamentals of Cartography, Concept Publishing.
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- Joseph, G. and Jegannathan, C. 2018. Fundamentals of Remote Sensing, 3rd ed, Universities Press.
- Lillesand, T.M., Kiefer, R.W. and Chipman, J.W., 2015. Remote Sensing and Image Interpretation, 7th ed, Wiley.

### **Part-III General & Programme Course (1 + 1 + 1 System)**

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
July- September	General	PAPER-IV: Applied Geography	GROUP A: (THEORETICAL): APPLIED GEOGRAPHY Section I: Land use and settlement Geography 1. Concept and attributes of land. 2. Objectives and principles of land use. 4. Rural settlements: evolution, nature and effect of physical environment,	Black board teaching, PPT Presentation	Class Test	10 Hours	AR & SC

			GROUP A:	Black board	Class Test	6 Hours	RB
			(THEORETICAL):	teaching.			
			APPLIED GEOGRAPHY	PPT			
			Section II: Remote Sensing	Presentation			
			and Geographical				
			Information System				
			1. Concept of Remote				
			Sensing, different methods of				
			remote sensing – aerial photo				
			and satellite imagery.				
			2. Aerial Photo: Types and				
			interpretation keys: concept				
			of principal point, fudicial				
			marks, flight line, photo				
			overlap.				
			GROUP B: (PRACTICAL):	Black Board	Continuous	15 Hours	AR, RB
			APPLIED GEOGRAPHY	Teaching	Evaluation		& SC
			1. Interpretation of Daily	and Hands	and Class		
			Weather Maps published by	on Practice	Test		
		DADED IV.	India Meteorological				
October -	Conorol	PAPER-IV:	Department – Monsoon				
December	General	Coography	2. Preparation of thematic				
		Geography	maps: (7 Marks)				
			i) Flow diagram				
			3. Aerial photo interpretation				
			for identification of broad				
			physical and cultural features.				
			GROUP A:	Black board	Class Test	6 Hours	AR & SC
			(THEORETICAL):	teaching,			
			APPLIED GEOGRAPHY	PPT			
			Section I: Land use and	Presentation			
			settlement Geography				
			3. Factors influencing land				
			use and land categories:				
			a) Agricultural land use.				
			b) Non-agricultural landuse.				
			3. Orban settlements:				
Ionuomy		<b>PAPER-IV:</b>	function				
January- March	General	Applied		Plack board	Class Test	5 Hours	DD
Iviai Cii		Geography	(THEOPETICAL)	teaching	Class Test	5 110015	KD
			APPLIED GEOGRAPHY	PPT			
			Section II: Remote Sensing	Presentation			
			and Geographical	i resentation			
			Information System				
			3. IRS images: Sensors.				
			different types of resolution				
			and their applicability.				
			4. Concept of GIS and its				
			applicability: Spatial and				
			attribute data, raster and				





			vector data structure and concept of information layers in GIS.				
April - June	General	PAPER-IV: Applied Geography	GROUP B: (PRACTICAL): APPLIED GEOGRAPHY 1. Interpretation of Daily Weather Maps published by India Meteorological Department – Monsoon 2. Preparation of thematic maps: (7 Marks) i) Flow diagram 3. Aerial photo interpretation for identification of broad physical and cultural features.	Black Board Teaching and Hands on Practice	Continuous Evaluation and Class Test	6 Hours	AR, RB & SC
		Total				48 Hours	

#### **Recommended books:**

- Sen Jyotirmoy. Janabasati Bhugol
- Rajan, M.S. Space Today, 2nd edition, National Book Trust, New Delhi.
- De N.K. Land multifaceted appraisal and management
- Pradhan N and Bhattacharya D. Adhunik Bhu-bigyan
- Das D and Hazra J. Snatok Byaboharik Bhugol. Chhaya Prokashoni
- Sarkar A. Practical Geography. Revised edition. Orient Blackswan Private Ltd.





\*AR = ALPANA RAY

#### **\*RB= REKHA BISWAS**

- \* SR = SUDIP ROY
- \* SC= SUDESHNA CHOWDHURY
- \* SD = SUCHITA DUTTA

### Prasanta Chandra MahalanobisMahavidyalaya

#### Lesson Plan- 2018--19

#### Semester IHonors. & Programme Course

#### Name of the Department: ECONOMICS ODD CBCS

Perio	Hons/	Paper Name	Topics	Methods	Me	Numb	Na
d	n.	and Paper		and	tho	er of	me
	Programme	Code		materi	ds	classes	of
	Course			als	of	allotte	the
					Ev	d in	Te
					alu	hours	ach
					ati		er
					on		assi
							gne
							d
Aug	Programme	ECOGCOR01T	Basic Concepts: What is economics? Scope and		Offline	35	SBC
ust-	Course	CBCS	method of economics; the economic problem: scarcity		Internal		
Sept			and choice; Distinction between Microeconomics and	0.0	exami		
emb			Macroeconomics; Concept of Market, Demand &	methodswith	natios		
er			Supply – Market equilibrium. Elasticity of Demand :	chalk and	Two		
			Price elasticity of DemandFactors affecting the price	duster	exami		
			elasticity of demand-Measurement of point price		nations		
			elasticity of demand and Arc elasticity- Income		marks		
			elasticity of demand.		each		
			2. Consumers' Behaviour Marginal Utility- Law of				
			Diminishing Marginal Utility- Derivation of demand				
			curve from marginal utility curve- Consumers'				
			surplus. Indifference curve: Definition and				
			Characteristics – Budget line –				
			Consumers'EquibriumIncome effect and Substitution				
			effect- Graphical presentation to show Price effect is				
			the summation of Income effect and Substitution				
			effect- Inferior goods and Giffen goods.				
			3. Producers' Behaviour Concept of Production-				
			Factors of Production- Production Function: Concepts				
			of TP, AP and MP. Derivation of AP and MP curve				
			graphically from TP curve- Law of Variable				
			Proportions- Isoquants and its Properties- Expansion				
			Path- Laws of Returns to Scale.				
			Concepts of Revenue-TR, AR, MR. Derivation of AR				
			and MR curve from TR curve – Relation concerning				
			AR, MR and Elasticity of Demand.				
			Cost of Production –Fixed cost and Variable cost –				
			Shape of the Short-run cost curvesRelation between				
			AC and MC –LAC is the envelope of SACs				
			Market Structure: Perfect Competition (10 hours)				
			Characteristics of Perfectly Competitive Market. Short				
			-run and Long-run equilibrium of Perfectly				
			Competitive firm and industry.				

em Course	ECOGCOR01T	5. Market Structure: Imperfect Competition Concept and Characteristics of Monopoly Market – Degree of	Offline methods with	Internal	35	SBC
ber- Jan uar y	CBCS	And Characteristics of Monopoly Market – Degree of Monopoly Power. Monopolistic competition and Oligopoly - Features and example Theory of Distribution (ii) Marginal Productivity Theory of Distribution (ii) Rent : ( a) Ricardian Theory , (b) Modern Theory , (c) Quasi- Rent. (iii) Wage: Marginal Productivity Theory of Wages – Role of Trade Union in Wage Determination under Competitive Set up. (iv) Interest: Real and Monetary Interest Rate – Lonable Fund Theory of Interest Rate – Liquidity Theory of Interest Rate. (v) Profit: Gross Profit and Net Profit – Difference Between Profit	chalk and duster	Internal exami nations Two exami nations 10 mark s each		



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### Prasanta Chandra MahalanobisMahavidyalaya

#### Lesson Plan- 2018--19

#### &Programme Course

#### Name of the Department: \_\_ECONOMICS

#### PART II &III (1+1+1) SYSTEM

Period	Hons/ Progra mme Course	Paper Name and Paper Code	Topics	Methodsand materials	Meth ods of Eval uatio n	Num ber of class es allot ted in hour s	Name ofthe Teach er assign ed
J UL YT O D E CE MBE R	Program me Course	Paper II MACRO ECONOMICS	<ol> <li>National Income National Incomeand its measurement- different methods and their drawbacks; GDP and GNP; Difference between Nominal and real GNP/GDP; GNP/GDP as a true index of</li> </ol>	Offline methods with chalk and duster	Test examinat ions 100 marks for each paper	35	SBC



Principal Principal Presente Chandra Mahalanobis Maharidyaleya 111/3. B. T. Roatl. Kol-108

1	1	I	1	Nation's welfare: concept of		I	I
				HDI 2 Macro economic			
				theories (i) Classical Macro			
				economic theory and			
				Keynesian Theory (concents			
				and historical heat-ground			
				h th different) (ii)			
				now they are different) (ii)			
				Simple Keynesian Model			
				(SKM) of Income			
				Determination- Consumption			
				Function – Relation between			
				Average and Marginal			
				Propensity to Consume -			
				Multiplier Theory .			
			2.	Why trade occurs between			
				nations, Distinction between			
				internal trade & international			
				trade, Concept of Terms of			
				Trade ; Gains from Trade:			
				Exchange gain &			
				Specialization gain ( concept			
				only : Absolute Advantage &			
				Comparative Advantage			
				theory of International trade			
				Arguments for protection free			
				trade			
				uaue.			



Frincipal Pracente Chandra Mahalanobis Mahavidyaleya 111/3, B. T. Roart, Kol-108

-		р ш			L		
J		Paper III	1. Structure of Indian Economy: Sectoral	Offline	Test examinations	35	SBC
U			distribution of National Income and its change	chalk and	100marks for		
L		INDIAN	since inception of Planning.Occupational pattern	duster	each paper		
Y		ECONOMICS	in India-A trend analysis since 1901.Inequalities				
Т			in Income distribution. Economic reforms and				
0			reduction of poverty; Poverty eradication				
D			programmesand their effectiveness. Structure and				
			quality if employment in India; Government				
			undertaken different schemes to reduce				
C			unemployment and underemployment. 2. Human				
E			resources and economy development: Size and				
Μ			growth rate of population in India. Changes in				
В			sex composition since inception of				
E			planning.Population policy and population				
R			projections for India. 3. Agriculture: Causes for				
			low productivity. Targeted public distribution				
			system.New agricultural policy; Green revolution				
			and its prospects Land reforms and its appraisal.				
			Effects of GATT on Indian Agriculture.				
			NABARD, RRBS				
J	Programme	Paper IV			Test		
U	Course	DEVELOPME	1. Basic Concepts of Development: Meaning of	Offline methods	examinations 100marks for	40	
L		NTECONOMIC	Economic Growth and Economic Development-	with chalk and	each paper		
Y		S&STATISTIC	Growth indicators-NNI and PCI, Concept and	duster			
Т		3	formulation of HDI. 2. Development Planning &				
			Complementary Roles of Agriculture and Industry				SBC
			-Role of Technology in Agriculture and Industry.				
			3. Population and Economic Development The				
E			Domestic Capital Formation in an Underdeveloped				
C			Country: (10 hours) The Problems -Incentives for				
E			Savings and Investment.				
Μ				0.00	<b>T</b> .		
В			Variable, Attribute, Primary and Secondary Data,	Offline	Test examinations	45	
Е			Population and Sample, Census and Sample	chalk and	100marks for		
R			Survey, Classification of data and Tabulation. 2.	duster	each paper		
			Frequency Distributions : Frequency distribution of				
			an Attribute, Frequency distribution of a discrete				
			variable, Frequency distribution of a continuous				
			variable, Construction of Frequency distribution				
			from raw data, Cumulative Frequency distribution.				
			3.Charts and Diagrams : Meaning and functions of				
			Graphs – Types of Charts and Diagrams – Line				
			Diagram, Bar Diagram, Pie Diagram, Pictogram,				
			Statistical Map, Frequency Polygon, Histogram,				
			Step Diagram, Ogive or Cumulative Frequency				
			Polygon, Frequency Curve.				



h Principal Chandra Ma Mahavidyaloya 111/3, B. T. Road, Kol-108

#### Lesson Plan- 2018-19

#### Semester I Honors. & Programme Course

#### Name of the Department: ECONOMICS\_EVEN SEMESTER CBCS

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Metho ds of Ev aluati on	Num ber of class es allot ted in hour s	Na me of the Te ach er ass ign ed
	Programme	(ECOGCOR02T)	UNIT1. NationalIncome	Offline method is	Test	35	cu
JANUA RY TO JUNE	Course ECONOMIC S	CBCS	National Incomeandits measurement- different methods and their drawbacks; GDP and GNP; Difference between Nominal and real GNP/GDP;	used using board	examination using 100 marks each		SBC
			GNP/GDP as a true index of Nation's welfare; concept of HDI				
	GENERAL		UNIT 2. Macro economic theories Macroeconomic theories (i) Classical Macro economic theory and Keynesian Theory (concepts and historical background, how they are different) (ii) Simple Keynesian Model (SKM ) of Income Determination- Consumption Function – Relation between Average and Marginal Propensity to Consume – Multiplier Theory	Chalk duster			
			UNIT 3 Money andbankingMoney and banking (i) Functions of Money – Value of Money Different Concepts of Money : M1, M2, M3 and M4. (ii) Concepts of Bank and Non-bank Financial Intermediaries – Functions and Credit Creation of Commercial Banks – Central Bank-Functions and Credit Control Measur UNIT 4. Inflation Concepts of Inflation, Deflation and Stagflation – Inflationary Gap – Distinction between Demand Pull and Cost Push Inflation- Effects of Inflation – Anti-				

		Policies.				
JANUAR Y TO JUNE	PAPER II 1+1+1 SYSTEM MACROECONO MICS	Money and banking (i) Functions of Money – Value of Money Different Concepts of Money :M1, M2, M3 and M4. (ii) Concepts of Bank andNon- bank Financial Intermediaries – Functions and Credit Creation of Commercial Banks – Central Bank-Functions and Credit Control Measures. 4. Inflation Concepts of Inflation, Deflation and Stagflation – Inflationary Gap – Distinction between Demand Pull and Cost Push Inflation- Effects of Inflation – Anti-inflationary Fiscal and Monetary Policies. Principle of taxation,direct indirect progressive regressive proportional taxation,public debt ,internal and external burden of public debt.	Offline method is used using Board chalk duster	Test examination using 100 marks each	30	SBC



2<sup>nd</sup> year test examination will be in February 2019. 2<sup>nd</sup> year Final examination will be in June 2019 1st year internal examination will be in September and November 2018

3<sup>rd</sup> year B.Sc general test examination will be in December 2018 3<sup>rd</sup> year bsc general test examination will be in April 2019..1<sup>st</sup> year semester I final examination will be in January 2019.semester 2 final examination will be in June 2019

JANUAR Y TO JUNE	Paper III 1+1+1 SYSTEM INDIAN ECONOMICS	. Industry: Review of Industrial growth under planning. Role of small-scale industries and policy perspective to help them.Role of trade union and social security measures in India. 5.Banking: (10 hours) Role of Indian Commercial Banks and Reserve Bank of	Offline method is used using board	Test examin ation using 100 marks each	30	SBC
		India.Monetary Policy of the Reserve Bank of India.Profitability of banks in India.Indian money market and its defect. 6. Indian Public Finance: Sources of Revenue and Expenditure of Union and State Government.Union-State Financial Relation.Centre-State Conflict on Finances. 7. Foreign trade: (8 hours) Volume and direction of India's foreign trade in the post- Liberalization period. Indian planning objective success and failure. Indian planning objective success and failure.	Chalk duster			
JANUAR Y TO JUNE	Paper IV 1+1+1 SYSTEM DEVELOPMEN TECONOMICS &STATISTICS	International trade and economic developmentIMF & World Bank in economic development of the LDCS. 4.Measures of Central Tendency: Arithmetic Mean (AM), Geometric Mean (GM), Harmonic Mean (HM), Median, Mode (Definitions, formulae and simple numerical problems). 5. Measures of Dispersion: Meaning and necessity, Range, Quartile Deviation (QD), Mean	-		30	SBC
		Deviation (MD), Standard Deviation (SD), Coefficient of Variation(CV),(Concepts only).				

ECOGCOR02T 1. Gupta , S.B – Monetary Economics , S.Chand& Co. , New Delhi 2. Ahuja , H.L - Macroeconomics 3. Mukherjee ,Debes – Essentials of Micro and Macroeconomics, New Central Book Agency (P) Ltd.

Paper II ECOGCOR02T 1. Gupta, S.B – Monetary Economics, S.Chand& Co., New Delhi 2. Ahuja, H.L - Macroeconomics 3. Mukherjee, Debes – Essentials of Micro and Macroeconomics, New Central Book Agency (P) Ltd.

PaperIII1. Dutta R. and K.P.M. Sundaram: Indian Economy, S. Chand and Co. New Delhi 2. Misra S.K.V. K. Puri: Indian Economy, Himalayas Publishing Co. Mumbai. 3. Agarwal A.N: Indian Economy, Vikash Publishing Co. Delhi 4. Gupta, S.B.: Monetary Planning in India, Oxford University Press, Delhi.









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### Prasanta Chandra Mahalanobis Mahavidyalaya

### OLD SYLLABUS (1+1+1)

### Name of the Department: <u>MATHEMATICS</u>

Period	Hons/ Programme	Paper Name and Paper	Topics	Methods and	Methods of	Number of	Name of the
	Course	Code		materials	Evaluation	classes	Teacher
						allotted	assigned
						in hours	_
July-	2 <sup>nd</sup> year	Paper- III	Polynomial	Chalk and	Assignment	20	Mrs. Neha
December	Hons Course	Group-A	equations with real	Duster,			Ghorui
		Classical	co-efficients:	PDF			Mundhra
		Algeora- 11	Reciprocal equations. Cardan's method of solving a cubic equation. Ferrari's method of solving a biquadratic equation. Binomial equation. Special roots.				
			Inequalities AM >				
			$GM \ge HM.$ Cauchy's				
			inequality (statement				
			only) and its direct				
		Group-B	Cosets and	Chalk and	Assignment	12	Ms Pivali
		Modern	Lagrange's theorem	Duster,	rissignment	12	Saha
		Algebra- II	on finite group.	PDF			
			Cyclic group, Sub-				
			groups of a cyclic				
			group, Generator.				
			Transposition. Even				
			and odd				
			permutations.				
			Permutation Group,				
			Symmetric group,				
		Group-C	Vector/Linear space	Chalk and	Assignment	15	Ms. Pivali
		Linear	over a field. Sub-	Duster,		10	Saha
		Algebra- II	spaces. Sum of two	PDF			
			sub-spaces. Linear				
			combinations. Linear				
			independence of a				
			finite set of vectors.				
			Linear span.				
			Generators of a				
			vector space. Finite				

	dimensional vector space. Existence of Basis, Replacement Theorem. Extension theorem - Extraction of basis from generators. Formation of basis from linearly independent sub-set. Row Space and Column Space of a				
	Linear homogeneous system of equations. System of linear non- homogeneous equations : Necessary and sufficient condition for the consistency of the system. Solution of the system of equations (Matrix method, Cramer's Rule). Characteristic equation of a square matrix. Eigen value and Eigen vector. Cayley-Hamilton Theorem. Simple properties of Eigen value and Eigen vector.	Chalk and Duster, PDF	Assignment	30	Mrs. Neha Ghorui Mundhra
	Diagonalisation of matrices. Inner Product Space. Norm. Euclidean vector spaces (EVS), Triangle Inequality and Cauchy-Schwarz Inequality in EVS. Orthogonality of vectors. Orthonormal basis, Gram-Schmidt process of orthonormalisation.				
Group-D Real Analysis- II	Sub-sequence : Subsequential limits. Upper limit and Lower limit as the L.U.B. and G.L.B. respectively of a set Inequalities and	Chalk and Duster, PDF	Assignment	40	Ms. Piyali Saha

						1
		equalities with upper				
		and lower limits.				
		Infinite series of real				
		minine series of real				
		numbers. Cauchy s				
		criterion of				
		convergence. Abel-				
		Pringsheim's Test.				
		Series of non				
		negative real				
		numbers: Cauchy's				
		condensation test				
		Upper limit and				
		lower limit criterie				
		for (i) Comparison				
		for (f) Comparison				
		test, (11) Ratio test,				
		(iii) Root test, (iv)				
		Rummer's test.				
		Statements of				
		Raabe's test,				
		Bertrand's test,				
		Logarithmic test and				
		Gauss test. Series of				
		arbitrary terms :				
		Absolutely				
		convergent and				
		convergent and				
		conditionally				
		convergent series.				
		Alternating series :				
		Leibnitz test, Root				
		test and Ratio test.				
		Non-absolute				
		convergence-Abel's				
		and Dirichlet's test				
		(statements and				
		applications).				
		Rearrangement of				
		series through				
		evamples				
		Paal valued	Challs and	Assignment	15	Mra Naha
		Keal valued		Assignment	15	MIS. Nella
		functions defined on	Duster,			Gnoru
		an interval : Uniform	PDF			Mundhra
		continuity. Properties				
		of continuous				
		functions on closed				
		intervals :				
		Boundedness,				
		attainment of				
		bounds Bolzano's				
		theorem				
		Intermediate value				
		intermetrate-value				
		property and allied				
		results. Continuous				
		tunction carries				
		closed and bounded				

		interval into alogad				
		Interval into closed				
		and bounded				
		interval. Lipschitz				
		condition and				
		uniform continuity.				
		Existence of inverse				
		function of a strictly				
		monotono function				
		and its continuity				
		with special				
		reference to inverse				
		circular functions.				
		Concept of	Chalk and	Assignment	25	Mrs. Neha
		differentiability and	Duster.	U		Ghorui
		differential: chain	PDF			Mundhra
		rule sign of	101			Withding
		derivative				
		derivative.				
		Successive				
		derivative: Leibnitz				
		theorem. Theorems				
		on derivatives:				
		Darboux theorem,				
		Rolle's theorem.				
		Mean value theorem				
		of Lagrange and				
		Cauchy Taylor's				
		theorem with				
		Schlomlich-Rouche's				
		form of remainder,				
		Lagrange's and				
		Cauchy's form of				
		remainder. Young's				
		form of Taylor's				
		theorem. Maclaurin's				
		series. Indeterminate				
		forms: Statement of				
		I Hospital's rule and				
		its consequences				
		Doint of local				
		Forme of local				
		extremum				
		(maximum,				
		minimum and saddle				
		point) of a function				
		in an interval.				
		Sufficient condition				
		for the existence of a				
		local maximum/				
		minimum of a				
		function at a point				
	Groun-F	Point set in two and	Chalk and	Assignment	30	Ms Pivali
	Functions of	three dimensions	Dustor	7 1551giiiiCiit	50	Saha
	Savaral	Concept only of	Dusiel,			Sana
	Vonichlag	noighbourhood of a	T'DI'			
	variables	neighbournood of a				
		point, interior point,				
		accumulation point,				



		open set, closed set,				
		Bolzano-Weierstrass				
		theorem Functions				
		of two and three				
		variables - Limit and				
		continuity, Partial				
		derivatives.				
		Sufficient condition				
		for continuity.				
		Differentiability and				
		its sufficient				
		differential as a map,				
		Chain rule. Euler's				
		theorem and its				
		converse.				
		Commutativity of the				
		order of partial				
		derivatives -				
		Theorem of Young				
		and Schwarz				
		and Senwarz.				
		Jacobian for				
		functions of two and				
		three variables -				
		Simple properties				
		including functional				
		dependence Concept				
		of Implicit Function				
		Of Implicit Function :				
		Statement and simple				
		application of				
		implicit function				
		theorem for two				
		variables.				
		Differentiation of				
		implicit function.				
		Jacobian of implicit				
		function. Partial				
		derivative as ratio of				
		two Jacobians in case				
		of function of two				
		variables.				
	Group-F	Area : Area enclosed	Chalk and	Assignment	8	Mrs. Neha
	Application	by a curve area	Duster	1.0018	0	Ghorui
	of Integral	enclosed between a	PDF			Mundhra
	Calculue II	curve and a secont				11101110
		area between two				
		area between two				
		botwoon a ourse and				
		ite example to Cf				
		the area has a surely				
		inere be any).				
		Problems on volume				
		and surface area of				
		solids of revolution.				
		Statement of Pappus				
		theorem and its				
--	---------------	---------------------------	-----------	------------	----	------------
		direct application to				
		well-known curves.				
		Determination of C				
		G and moments &				
		products of inertia-				
		simple problems				
		only				
	Donor IV	Circle Perebole	Chalk and	Assignment	40	Mrs. Nobo
	Crown A	Ellipso and	Dustor	Assignment	40	Chorui
	Analytical	Linpse and Lyporbolo :	Dusier,			Mundhro
	Geometry of	Equations of pair of	I DI			Wununa
	Two & Three	tangents from an				
	dimensions-II	external point chord				
	unnensions-m	of contact poles and				
		polare conjugato				
		points and conjugate				
		lines Sphere Cone				
		Culindar Surface of				
		Revolution (about				
		aves of reference				
		only) Ruled surface				
		Transformation of				
		rectangular axes by				
		translation rotation				
		and their				
		combinations				
		Control equation of				
		second degree in				
		three variables				
		Reduction to				
		canonical forms				
		Classification of				
		Quadrics Ellipsoid				
		Hyperboloid.				
		Paraboloid :				
		Canonical equations				
		and the study of their				
		shape. Tangent				
		planes, Normals,				
		Enveloping cone.				
		Generating lines of				
		hyperboloid of one				
		sheet and hyperbolic				
		paraboloid.				
		Knowledge of				
		Cylindrical, Polar				
		and Spherical polar				
		co-ordinates.				
	Group-B	Simple eigenvalue	Chalk and	Assignment	15	Ms. Piyali
	Differential	problems.	Duster,			Saha
	Equation II	Simultaneous linear	PDF			
	-	differential				
		equations. Total				
		differential equation:				

		Condition of integrability. Partial differential equation (PDE) : Introduction, Formation of P.D.E, Solution of PDE by Lagrange's method of solution and by				
January- March	Group-C Linear Programming and Game Theory	Hyperplane, Convex set, Cone, Extreme points, convex hull and convex polyhedron. The collection of all feasible solutions of an L.P.P. constitutes a convex set. The extreme points of the convex set of feasible solutions correspond to its B.F.S. and conversely. Reduction of a F.S. to a B.F.S. Slack and surplus variables. Standard form of L.P.P. Theory of simplex method. Feasibility and optimality conditions. The algorithm. Two phase method, Degeneracy in L.P.P.	Chalk and Duster, PDF	Assignment	25	Ms. Piyali Saha
		and its resolution. Duality Theory. The dual of the dual is the primal. Relation between the objective values of dual and the primal problems. Relation between their optimal values. Complementary slackness, Duality and simplex method and their applications.	Chalk and Duster, PDF	Assignment	35	Mrs. Neha Ghorui Mundhra



		Transportation and Assignment problems. Mathematical justification for optimality criterion. Hungarian method. Travelling Salesman problem.				
		Concept of Game problem. Rectangular games. Pure strategy and Mixed strategy. Saddle point and its existence. Optimal strategy and value of				
		the game. Concept of Dominance. Fundamental Theorem of Rectangular games. Algebraic method. Graphical method and Dominance				
	Group-D Analytical	method of solving Rectangular games. Inter-relation between the theory of Games and L.P.P Fundamental Ideas and Principles of	Chalk and Duster.	Assignment	30	Mrs. Neha Ghorui
	Dynamics of a Particle	Dynamics. Laws of motion. Work, Power and Energy. Principles of conservation of energy and of momentum - Impulse and Impulsive forces.	PDF			Mundhra
		Motion in a straight line under variable acceleration. Motion under inverse square law, Composition of two S. H. M's of nearly equal frequencies. Motion of a particle tied to				
		one end of an elastic string. Rectilinear motion in a resisting medium. Damped				

	forced oscillation. Motion under gravity where the resistance varies as some integral power of velocity, Terminal velocity. Impact of elastic bodies. Newton's experimental law of elastic impact. Direct impact. Loss of K.E. in a direct impact Oblique impact of two elastic spheres, Loss of K. E. in oblique impact. Motion of particle moving in a plane with reference to a set of rotating axes. Motion of a particle in plane.				
	Central forces and central orbits. Tangential and Normal accelerations. Circular motion. Motion of a train or cyclist on a banked tract Motion of a particle in a plane under different laws of resistance. Motion of a projectile in a resisting medium in which the resistance varies as the velocity. Trajectories in a resisting medium where resistance varies as some integral power of the velocity. Motion on a smooth curve under resistance. Motion under inverse square law in a plane. Escape velocity, Planetary motion and Kepler's laws. Time of describing an arc of the orbit. Motion	Chalk and Duster, PDF	Assignment	35	Ms. Piyali Saha



Principal Principal Mahavidyaliya 111/3, B. T. Road, Kol-108

	of artificial satellite	
	Slightly disturbed	
	orbits. Conservative	
	field of force and	
	principle of	
	conservation of	
	energy. Motion of a	
	rough curve (such as	
	circle parabola	
	ellipse, cycloid etc.)	
	under gravity	
	Equation of motion	
	ef a particle of	
	varying mass.	

Recommended Books:

- The Theory of Equations (Vol. I) Burnside and Panton.
- Higher Algebra Barnard and Child.
- Modern Algebra Surjeet Singh & Zameruddin.
- First Course in Abstract Algebra Fraleigh
- Topics in Algebra Hernstein
- Linear Algebra Hadley
- Text Book of Matrix B. S. Vaatsa
- Co-ordinate Geometry S. L. Loney
- Solid Analytic Geometry C. Smith.
- Basic Real & Abstract Analysis Randolph J. P. (Academic Press)
- A First Course in Real Analysis M. H. Protter & G. B. Morrey (Springer Verlag, NBHM)
- Differential & Integral Calculus (Vols. I & II) Courant & John.
- Introduction to Real Analysis Bartle & Sherbert (John Wiley & sons)
- Mathematical Analysis Shantinarayan (S. Chand & Co.)
- Differential Calculus Shantinaryan.
- Intergral Calculus Shantinarayan
- Linear Programming : Method and application S. I. Gass
- Linear Programming G. Hadley
- Differential Equations S. L. Ross (John Wiley)
- Differential Equations H. T. H. Piaggio
- An Elementary Course in Partial Differential Equation-T. Amarnath (Narosa)
- An Introductory Course on Ordinary Differential Equation-D.A. Murray.
- An Elementary Treatise on the Dynamics of a Particle & of Rigid bodies S. L. Loney (Macmillan)





### Prasanta Chandra MahalanobisMahavidyalaya <u>Lesson Plan- 2018-19 (CBCS)</u> Semester I Programme Course Name of the Department: <u>CHEMISTRY</u>

Period	Hons/	Paper Name	Topics	Methods and	Methods of	Numbe	Name of
	Programme	and Paper		materials	Evaluation	r of	the
	Course	Code				classes	Teacher
						allotted	assigned
						III hours	
						nours	
September	Programme	CEMGCOR01	Atomic Structure	Notesprepared	ClassTest	15	KN
-November	Course	Т	Chemical	and EResources		8	KM
			Periodicity	ICT		10	KM
			OrganicChemistry				
			Stereochemistry				
		CEMGCOR01P	Estimation	Experimental	Laboratory	15	KN
			Qualitative	Instructions	Work	15	KM
			Analysis of Single	and Demonstratios			
			Solid Organic	Demonstratios			
<b>D</b>	P		Compound			0	
December-	Programme	CEMGCOR01	Nucleophilic	Notesprepared	ClassTest	8 12	KM KM
January	Course	1	Substitution and	and EResources		12	KN
			Reactions	IC I		15	
			Aliphatic				
			Hydrocarbons				
			Acids and bases				
			Redox reactions				
		CEMGCOR01P	Estimation	Experimental	Laboratory	15	KN
			Qualitative	Instructions	Work	15	KM
			Analysis of Single	and			
			Solid Organic	s			
			Compound	6			

### **Recommended Text books:**

- 1. Sen Gupta, Subrata. Basic Stereochemistry of Organic molecules.
- 2. Kalsi, P. S. Stereochemistry Conformation and Mechanism, Eighth edition, New Age International, 2014.
- 3. Bahl, A. & Bahl, B.S. Advanced Organic Chemistry, S. Chand, 2010.

### Prasanta Chandra MahalanobisMahavidyalaya Lesson Plan- 2018-19

### Semester II Programme Course(CBCS) Name of the Department: <u>CHEMISTRY</u>

Period	Hons/	Paper Name	Topics	Methods and	Methods of	Number	Name of
	Course	and Paper Code		materials	Evaluation	of classes allotted in hours	the Teacher assigned
March-	Programme	CEMGCOR02T	Liquids Solids	Offline Notes	ClassTest	6	KM
April	Course	020100000021	Comparative	prepared and		6	KM
Г			study of p-block	E Resources		7	KN
			elements:				
		CEMGCOR02P	Viscosity	Experimental	Laboratory	8	KM
			measurement	Instructions	work	0	IZNI
			Qualitative	and		8	KIN
			semimicro	Demonstration			
			analysis of				
			mixtures				
May-	Programme	CEMGCOR02T	Chemical	Offline Notes	ClassTest	8	KM
June	Course		Kinetics	prepared and		7	KN
			Comparative	E Resources			
			study of p-block				
			elements:				
			Study the	Experimental	Laboratory	8	KM
			kinetics	Instructions	work		
			Qualitative	and		8	KN
			semimicro	Demonstration			
			analysis of				
			mixtures				

### **Recommended Text books:**

1. Palit, S. R., *Elementary Physical Chemistry* Book Syndicate Pvt. Ltd.

2.. Mandal, A. K. Degree Physical and General Chemistry Sarat Book House

3. Pahari, S., Physical Chemistry New Central Book Agency

4. Pahari, S., Pahari, D., *Problems in Physical Chemistry* New Central Book Agency5.Svehla, G. *Vogel's Qualitative Inorganic Analysis*, Pearson Education, 2012.





# Prasanta Chandra MahalanobisMahavidyalaya <u>Lesson Plan- 2018-19</u> Part-2 Programme Course Name of the Department: <u>CHEMISTRY</u>

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluatio n	Numbe r of classes allotted in hours	Name of the Teacher assigned
September -November	Programme Course	CEMGT 22A, CEMGT 22B	Thermodynamics II: Spontaneous processes, Chemical equilibrium, Phase equilibrium, Chemical kinetics and catalysis, Acids- bases and solvents, Solutions of electrolytes	Notesprepared and EResources ICT	ClassTest	15 8 10	KN KM KM
		CEMGP 23A	Qualitative Analysis of Single Organic Compound (Solid), Qualitative Analysis of Inorganic Mixture	Experimental Instructions and Demonstratio s	Laborator y Work	15 15	KN KM
December- January	Programme Course	CEMGT 22C	Photochemistry, Electrode potential, Solutions of non- electrolytes, Colloids, Basic organic chemistry III, Aldehydes and ketones, Phenols	Notesprepared and EResources ICT	ClassTest	8 12 15	KM KM KN
February- March		CEMGT 22D	Basic inorganic chemistry, Coordinate bonds, Preparation and uses of some compounds, Comparative study of s-block elements, Amino acids, Proteins	Experimental Instructions and Demonstratio ns	Laborator y Work	15 15	KN KM

# Prasanta Chandra MahalanobisMahavidyalaya

# Lesson Plan- 2018-19

# **Part-3 Programme Course**

# Name of the Department: <u>CHEMISTRY</u>

Period	Hons/	Paper Name	Topics	Methods and	Methods	Number	Name of
	Programme	and Paper		materials	of	of classes	the
	Course	Code			Evaluati	allotted in	Teacher
	Course				on	hours	assigned
September	Programme	CEMGT 34A	Chemical analysis,	Notesprepared	ClassTest	15	KN
-November	Course		Volumetric	and EResources		8	KM
			Analysis,	ICT		10	KM
			Polymers				
		CEMGP 34D	Ouantitative	Experimental	Laborator	15	KN
			Chemical Analysis	Instructions	y Work	15	KM
			5	and	-		
				Demonstratios			
December-	Programme	CEMGT 34B	Industrial	Notesprepared	ClassTest	8	KM
January	Course		chemistry I,	and EResources		12	KM
			Paints, Varnishes	ICT		15	KIN
			and Synthetic				
			Dyes, Drugs and				
			pharmaceuticals				
February-		CEMGT 34C	Environmental	Experimental	Assignme	15	KN
March			chemistry, Fats-	Instructions	nt	15	KM
			Oils-Detergents,	and			
			Pesticides, Food	Demonstration			
			Additives	5			



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### Prasanta Chandra Mahalanobis Mahavidyalaya

### Lesson Plan- 2018-2019

# Semester I Honors. & Programme Course

### Name of the Department: Food and Nutrition

Period	Hons/	Paper Name	Topics	Methods and	Methods	Number of	Name of
	Progr	and Paper		materials	of	classes	the
	amm	Code			Evaluation	allotted in	Teacher
	e					hours	assigned
	Cour						
	se						

September	Hons.	FNTACOR01T	1. Introduction to Food and Nutrition	Chalk and board	Class	4 hrs	Dr.
-		: HUMAN		method, Lecture	Assignment		Priyadarshini
November		NUTRITION	Foods: Energy giving, body building and	method, power			Chakraborty
		(THEORY)	protective. Nutrients: macro and micro	point presentation			
			nutrients, Diet and balanced diet, Menu.	and texts and			
			Health and nutritional status. Malnutrition,	reference books			
			functional food, prebiotics, probiotics,				
			Phytochemicals, nutraceuticals. Fibre.				
			Functions of foods: physiological,				
			psychological, social. Food groups, food				
			pyramid, Relation between food and				
			nutrition, health and diseases.				
			2. Foods, Nutrients and cooking of food				
			Foods and their nutrient contents: Nutrients				
			present in cereals and millets, pulses, nuts				
			and oil seeds, fruits and vegetables, milk				
			and milk products, flesh food, eggs,				
			Condiment and spices, salt. Nonnutrient				
			components of foods: pnytate, tannins,				
			oxalate, trypsin inhibitor, goitrogens and				
			other toxic agents in food. Cooking:				
			Beneficial and adverse effects of cooking.				
			Different methods of cooking-dry, moist,				
			irying, and micro wave cooking- advantage,				
			matheda of applying on foods. Solar				
			methods of cooking on foods, Solar				
			COOKING.				



Principal Presente Chandre Mahalanobis Mahavidyalaya 111/3, B. T. Roari, Koi-108

FN	NTACOR01P:	1. Process involved in cooking, microwave,	Hands on	Assignments	10hrs	Dr.
H	IUMAN	steaming, grilling, deep fat frying.	demonstration of			Priyadarshini
N	UTRITION		practical class			Chakraborty
( <b>P</b>	PRACTICAL)	2. General concepts of weights and				
		measures, Eye estimation of raw cooked				
		foods				
		3. Preparation of food from different food			3hrs	
		groups and their significance in relation to				
		health				
					12hrs	



Principal Pracata Chandra Mahalanobis Mahavidyaloya 111/3. B. T. Road, Kol-108

FNTACOR02T	1.Unit of Life: Cell and Tissue Structure	Chalk and board	Assignments	10hrs	Rana
:		method, Lecture			Adhikary
PHYSIOLOGY	Difference between prokaryotic and	method			
IN	eukaryotic cells & plant and animal cells,				
NUTRITION	Structure and basic functions of animal cell				
(THEORY)	organelles, Structure and functions of				
	plasma membrane, Role of membrane in				
	transport and communications, Importance				
	of cell junction- tight, gap and desmosome,				
	Types of human tissue- location, structure				
	and functions. Structure of muscles, bones,				
	teeth and joints.				
	2.Blood and body fluids				
	Blood and its composition. Morphology,				
	formation and functions of formed elements,				
	Blood groups and its importance in				
	transfusion, hazards of mismatch blood				
	transfusion. Mechanism of blood				
	coagulation, Haemoglobin- structure and				
	function. Extracellular fluid, lymph.				



Principal Principal Presente Chardra Mahaianobis Mahavidyalaya 11/3, B. T. Road, Kol-108

FNTACOR02P:	1. Determination of pulse rate in Resting	Hands on	Assignments	4hrs	Rana
PHYSIOLOGY	condition and after exercise (30 beats/10	demonstration of			Adhikary
IN	beats method)	practical class			
NUTRITION(P					
RACTICAL)	2. Determination of blood pressure by				
	Sphygmomanometer (Auscultatory method).			4hrs	
	3. Interpretation of normal ECG curve with				
	6 chest leads.			4hrs	



Principal Pracente Chandra Mahalanobis Maharidyaleya 111/3. B. T. Roart, Kol-108

	Progra	FNTGCOR01T	1. Introduction to Food and Nutrition	Chalk and board	Assignments	4 hrs	Juthi Saha
September	mme	FOOD AND		method, power	1 isoiginitentis		v u u u u u u u u
- November	Course	NUTRITION (THEORY)	Definition of Food, Nutrition, Nutrient, Nutritional status, Dietetics, Balance diet, Malnutrition, Energy (Unit of energy – Joule, Kilocalorie).	point presentation , notes and text books			
			2. Food and Nutrients			10 hrs	
			Carbohydrate, Protein, Fat, Vitamins and Minerals (calcium, phosphorus, sodium, potassium, iron, iodine, fluorine)- sources, classification, functions, deficiencies of these nutrients. Functions of water and dietary fibre.				
			3. Five food groups				
			<ul> <li>Basic 5 food groups: Types, composition, nutritional significance, role of cookery of cereals, pulses, milk &amp; milk products, meat, fish, egg, vegetables &amp; fruits, nuts, oil &amp; sugar.</li> <li>4. Food Chemistry</li> </ul>				
			Chemistry of carbohydrate, proteins and				





		fats. Vitamins and minerals				Juthi Saha
	FNTGCOR01P	1 Elementary idea of weights & measures	Hands on	Assignments	4hrs	Juthi Saha
	: FOOD AND		demonstration of	1.10015111101110		t dun Suna
	NUTRITION	2. Preparation of cereals, pulses, vegetable,	practicals			
	(PRACTICAL)	egg, milk, fish, nuts dishes.			6hrs	
		3 Planning and preparation of diet of an				
		adult male/female.				





November - January	Hons.	: HUMAN NUTRITION (THEORY)	<ul> <li><b>3.Food energy and energy requirements</b></li> <li>The energy value of foods: Physical and physiological calories. Bomb calorimeter Energy requirement of an individual: Basal metabolic rate (BMR) and physical activity. BMR: Measurement (direct and indirect), factors affecting BMR, SDA of foods. physical activity ratio (PAR). Classification of activities based on occupations. Nutritional requirements and Recommended dietary allowances (RDA): factors affecting RDA, Application of RDA, Reference man and woman</li> <li><b>4. Digestion of Foods</b></li> </ul>	method, Lecture Assignment method, power point presentation and reference books, journals and notes		15 hrs	Priyadarshini Chakraborty
			Components of gastrointestinal tract. Structure of different segments of GI tract. Digestive glands: structure of salivary glands, gastric glands and intestinal glands. Structure of pancreas and liver., Digestive secretions: salivary juice, gastric juice, pancreatic juices and intestinal juices. Bile and bile secretion. Digestion and absorptions of carbohydrate, protein, lipid, fat soluble vitamins, water soluble				





	vitamins(thiamine, riboflavin, niacin, pyridoxine, folate, vit B12, vit C), minerals (Ca, Fe, I, F, Cu, Zn)				
FNTACOR01P: HUMAN NUTRITION (PRACTICAL)	<ul><li>4. Preparation of supplementary food from different age group and their nutritional significance</li><li>5. Planning and preparation of low cost diet</li></ul>	Hands on demonstration of practical class	Assignments	12hrs	Juthi Saha





	for Grade I and Grade II malnourished child .				
				4hrs	
FNTACOR02T : PHYSIOLOGY IN NUTRITION (THEORY)	<b>3. Cardiovascular system</b> Structure of heart, artery, vein and capillary, Properties of cardiac muscle, Cardiac cycle, cardiac output, heart rate, heart sounds, ECG- normal and abnormal. Systemic and pulmonary circulation. Blood pressure,	Lecture method and notes	Assignments	10hrs	Rana Adhikary
	<ul><li>pulse pressure Radial pulse, coronary circulation</li><li>4. Respiratory system</li></ul>				
	Structure of lungs: alveoli and airways. Respiratory volumes and capacities,Mechanics of breathing. Oxygen and carbon dioxide transport, Neural and chemical control of breathing.				
	5. Renal Physiology, skin and body temperature			10hrs	
	Anatomy of renal system: kidney, ureter, urethra and urinary bladder, Nephron: structure, Juxtaglomeralarapparatus GFR				

	and GFI, Tubular functions, Urine formation: Counter current exchanger andmultiplier. Role of kidney in water and electrolyte balance. pHregulation by kidney. Structure of skin. Sweat and sweat glands. Sebum. Core body temperature, heat loss and heat gain, Regulation of body			
	temperature.		10hrs	



	FNTACOR02P: PHYSIOLOGY IN NUTRITION(P RACTICAL)	<ul> <li>4. Measurement of Peak Expiratory flow rate.(By spirometer)</li> <li>5. Determination of Bleeding Time (BT) and Clotting Time (CT).</li> <li>6. Detection of Blood group (Slide method).</li> </ul>	Hands on demonstration of practical class	Assignments	6hrs	Rana Adhikary
Prog mma Cou	gra FNTGCOR01T e :FOOD AND rse NUTRITION (THEORY)	<ul> <li>5. Nutrients Metabolism</li> <li>Elementary idea of metabolism, enzymes and hormones- name and their important functions. Metabolism in brief (Glycolysis, Glycogenesis, Gluconeogenesis, Cori's cycle, Kreb's cycle, Deamination, Transamination. Role of hormones in carbohydrate metabolism.</li> <li>6. Basic Metabolism Rate (B.M.R) B.M.R: Definition, factors affecting B.M.R. and Total Energy Requirement (Calculation of energy of individuals).</li> </ul>	Chalk and board method, Lecture method, power point presentation and text books	Assignments	12 hrs	Juthi Saha

		<b>7. Deficiency diseases</b> Deficiency diseases (Nutritional anaemia, PEM, IDD, VAD)- Aetiology, Prevalence, Clinical findings, Prevention & Treatment.			6hrs	
	FNTGCOR01P : FOOD AND NUTRITION (PRACTICAL)	<ul><li>4. Planning of a day's diet for pregnant &amp; lactating mother.</li><li>5. Preparations of supplementary foods for infants.</li></ul>	Hands on demonstration of practical class	Assignments	6hrs 6hrs	Juthi Saha

**Recommended Text books:** 

#### For FNTACOR01T:

1. B.Srilakshmi : Nutrition Science, New Age International Publishers

2. Guthrie, A.H.: Introductory Nutrition, 6th Ed. The C.V. Mosby Company

3. Robinson, C.H.Lawer, M.R.; CheiToweth, W.L. and Garwick, A.E.: Normal and Therapeutic Nutrition.17th Ed. Mac Milan Publishing Co.





4. Swaminathan, M : Essentials of Foods and Nutrition, Vols-1and II. Ganesh and Co. Madras.

#### For FNTGCOR01T:

- 1. B.Srilakshmi : Nutrition Science, New Age International Publishers
- 2. Guthrie, A.H.: Introductory Nutrition, 6th Ed. The C.V. Mosby Company
- 3. Robinson, C.H.Lawer, M.R.; CheiToweth, W.L. and Garwick, A.E.: Normal and Therapeutic Nutrition.17th Ed. Mac Milan Publishing Co.
- 4. Swaminathan, M : Essentials of Foods and Nutrition, Vols-1and II. Ganesh and Co. Madras.
- 5. Chatterjee CC (1988). Text Book of Physiology Vol I & II.

6.Murray, R. K. Grannen, D. K.; Mayes, P. A. and Rodwell. V. W: Harper's Biochemistry. Lange Medical Book





#### Prasanta Chandra MahalanobisMahavidyalaya

#### Lesson Plan- 2018-2019

#### PART-II Honors. & Programme Course

Period	Hons/	Paper Name	Topics	Methods	Methods	Number	Name of
	Programme	and Paper		and	of	of	the
	Course	Code		materials	Evaluation	classes	Teacher
						allotted	assigned
						in hours	_
August-	Hons	PAPER III	Introduction to	Chalk and	Assignment	4hrs	Dr. Guddi
January		UNIT I	community nutrition.	board	/class tests		Tiwary
		COMMUNITY	Concept of	method,			-
		NUTRITION	community.	Lecture			
			Characteristics of	method,			
			community, Types of	power			
			community. Different	point			
			factors affecting health	presentatio			
			of the community (like	n and text			
			social, cultural,	books			
			economic, political and				
			environmental factors)				
			Direct nutritional				
			assessment of human:				

				0
	Nutritional			
	anthropometry,			
	Clinical signs,		4hrs	
	Biochemical and			
	Biophysical methods.			
	Nutritional			
	Anthropometry: its			
	need and importance in			
	brief. Parameters of			
	nutritional			
	anthropometry and			
	techniques of			
	measurement. Growth			
	chart and its usage.			
	Clinical Signs: its			
	need and importance in			
	brief. Clinical signs of			
	PEM. vitamin A		12hrs	
	deficiency, IDD,			
	Anaemia.			
	Diet Survey: its need			
	and importance in			
	brief. Important factors			
	for diet survey in brief			
	(like trained personnel.			
	sampling, method etc).			

Principal Principal Presente Chandra Mahalanobis Mahavidyaleya 111/3. B. T. Roart, Kol-108

	$\mathbf{D}$ : ff $\mathbf{u}$ and $\mathbf{u}$ and $1$			1
	Different methods for			
	conducting diet survey.			
	Concept of			
	consumption unit.			
	Adequacy of diet with			
	respect to RDA. Food			
	security.			
	Malnutrition: its			
	sociological factors.		4hrs	Juthi Saha
	Food production and			
	availability, socio-			
	economic factor,			
	cultural influence, food			
	consumption,			
	population problem			
	with respect to food			
	production and			
	availability, medical			
	and educational			
	services, psychological			
	factor, emergency and			
	disaster condition.			
	Prevention of			
	malnutrition			





	PAPER III	Health & its	Chalk and	Assignment	16 hrs	Dr. Guddi
	UNIT II	dimensions:-	board	/class tests		Tiwary
	PUBLIC	definition of health,	method,			
	HEALTH &	different dimension of	Lecture			
	<b>EPIDEMIOLO</b>	health. Positive health	method,			
	GY	versus absence of	power			
		disease.	point			
		Secondary sources of	presentatio			
		community health	n and text			
		data:- Sources of	books			
		relevant vital statistics				
		of infant. Child &				
		maternal mortality rate.				
		Brief idea about of				
		epidemiology of				
		nutritionally related				
		diseases (amoebiasis,				
		hyperlipidaemia,				
		clotting disorder,				
		beriberi, rotaviruus				
		infection).				
		Public health &				
		epidemiology:-				
		definitions,				
		Components of				
		epidemiology and				

	aims, different tools &		
	measurements of		
	epidemiology. Brief		
	idea about epidemics.		
	Epidemiological		
	methods: analytical		
	epidemiology - case		
	control & cohort study.		
	epidemics and its		
	types vital statistics		
	epidemiological triad		
	demography and life		
	expectancy		
	Communicable &		
	infective disease		
	<b>control:</b> - definitions		
	related to		
	communicable		
	diseases. Infection,		
	contamination,		
	decontamination,		
	disinfection,		
	transmission (direct &		
	indirect) brief idea		
	about different vector		
	borne diseases- brief		

	idea about AIDS, malaria, poliomyelitis, dengue, tuberculosis, MMR, chicken pox, pertussis, chikungunya, epidemiological principles of disease prevention and control				
PAPER IV UNIT I FOOD COMMODITI ES	Cereals & their products: - Structure, nutritive value of cereals. Rice - composition, processing, Brief idea about different fermented rice products. Wheat: - composition, processing. Brief idea about different wheat products - millet like Jowar, Ragi, Bajra. Role of cereals in cookery. Gelatinization, Gluten	Chalk and board method, Lecture method, power point presentatio n and text books	Assignment /class tests/practic al demonstrati on/noteboo ks	10hrs	Dr.Priyadar shini Chakrabort y



	formation. Breakfast			
	cereal.			
	Pulses: - composition,			
	nutritive value,		8hrs	
	processing (soaking,			
	germination,			
	fermentation). Toxic			
	constituent present in			
	pulses. Pulse cookery.			
	Factors affecting			
	cooking quality. Role			
	of pulses in cookerv			
	Milk and milk			
	products <sup>.</sup> -			
	composition of milk			
	Nutritive value of milk			
	Physical properties of			
	milk Pasteurization of			
	milk Microbial			
	anoilaga of mille Effect			
	sponage of mink. Effect			
	or enzyme, acid and			
	heat on milk. Role of			
	milk in cookery.			
	Different fermented			
	milk products like			
	cheese, butter, curd.			

	Brief idea about			
	different non			
	fermented milk			
	products like ice			
	cream, skimmed milk,			
	toned milk, double			
	toned milk, sweetened			
	condensed milk,			
	recombined milk etc.			
	Egg: - Structure,			
	nutritive value,		12hrs	
	composition. Effect of			
	heat on egg, and			
	factors affecting			
	coagulation of egg			
	protein. Hard and soft			
	egg. Egg foaming and			
	factors affecting egg			
	foaming. Preservation			
	of egg, Role of egg in			
	cookery.			
	Meat, Fish, Poultry:-			
	classification of meat.			
	Nutritive value of			
	meat. Ageing,			
	tenderization, artificial			

	tenderization, curing of		
	meat. Smoking of meat		
	Fish:-composition,		
	nutritive value,		
	selection .spoilage of		
	fish. Poultry:-		
	processing,		
	classification,		
	composition		
	Vegetables and		
	Fruits: - classification		
	of Vegetables.		
	Nutritive value,		
	composition of		
	vegetables. vegetable		
	cookery. Effect of		
	cooking on pigments		
	present in vegetables.		
	Loss of nutrient during		
	cooking. Prevention of		
	loss of nutrient.		
	Storage of Vegetables.		
	Classification of Fruits.		
	Nutritive value,		
	composition of Fruits.		
	Pigments present in		



		fruit. Bitterness in fruit. Ripening of fruits: Browning reaction.				
	Paper – IV,	Anthropometric	Hands on	Assignment	15hrs	Dr.Guddi
	Unit-II	Measurement of infant-	practical			Tiwary
	Community	Length, Weight,	demonstrat			
	Nutrition	Circumference, Chest,	ion			
	(Practical)	Med- upper arm				
		circumference,				
		precautions to be				
		taken.				
		Comparison with				
		norms and				
		interpretation of the				
		nutritional assessment				
		date and its				
		significance.				
		Weight for age, height				
		for age, weight for				
		height, Z scores body				
		Mass Index (BMI),				
		Waist-Hip Katio				
		(WHR).				
		Growth charts-plotting				

		of growth charts, growth monitoring and				
		promotion.				
Programme	PAPER II-		Chalk and	Assignment	15 hrs	Juthi Saha
course	UNIT-I (FOOD	1. Definitions of food,	board			
	SCIENCE)	nutrition, nutrient,	Lecture,			
		health, nutritional,	power			
		nutritional status,	point			
		balanced diet,	presentatio			
		malnutrition, energy	n and			
		(units).	notes;			
		2. Definitions of BMR,				
		factors controlling				
		BMR, energy balance,				
		RDA.				
		3. Basic 5 Food				
		groups: Types,				
		composition,				
		nutritional				
		significance, role in				
		cookery of cereals,				
		pulses, milk % milk				
		products, meat, fish,				
		egg, vegetables&				
		fruits, nuts, oils, and				
		sugar.				

		4. Principle and objectives of meal planning.				
	UNIT II- (THERAPEUT IC NUTRITION)					
		Dietary management in Gastro intestinal Diseases( diarrhoea, constipation , gastritis, peptic ulcer & flatulence ), fever ( short term), Diabetes mellitus(Type II - NIDDM), Heart diseases( hypertension, atherosclerosis, hyperlipidaemia ), Liver diseases( infective hepatitis, cirrhosis of liver)Gout, Obesity(including	Hands on demonstrat ion	Assignment	15 hours	Juthi Saha

		assessment indices),				
		under weight,				
			Hands on	Assignment	15hrs	Juthi Saha
			Tianus on	rissignment	1 JIII S	Juin Dana
	PAPER III	5. Preparation of	demonstrat	rissignment	151115	Julii Sana
	PAPER III (PRACTICAL)	5. Preparation of cereals, pulses,	demonstrat ion of	rissignment	151115	Juin Sana
	PAPER III (PRACTICAL)	5. Preparation of cereals, pulses, vegetables, egg, milk,	demonstrat ion of practical	7 issignment	151115	Julin Sana
	PAPER III (PRACTICAL)	5. Preparation of cereals, pulses, vegetables, egg, milk, fish,	demonstrat ion of practical	rssignment	151115	Julii Sala
	PAPER III (PRACTICAL)	5. Preparation of cereals, pulses, vegetables, egg, milk, fish, nuts.(One from each	demonstrat ion of practical	rissignment	151115	Julii Sala
	PAPER III (PRACTICAL)	5. Preparation of cereals, pulses, vegetables, egg, milk, fish, nuts.(One from each group)	demonstrat ion of practical	rissignment	13113	Julii Sala
	PAPER III (PRACTICAL)	<ul> <li>5. Preparation of cereals, pulses, vegetables, egg, milk, fish, nuts.(One from each group)</li> <li>6. Preparation of ORS</li> </ul>	demonstrat ion of practical	rissignment	13113	Julii Sala
	PAPER III (PRACTICAL)	<ul> <li>5. Preparation of cereals, pulses, vegetables, egg, milk, fish, nuts.(One from each group)</li> <li>6. Preparation of ORS</li> <li>7. Preparation of jam,</li> </ul>	demonstrat ion of practical	rissignment	13113	Julii Sala
	PAPER III (PRACTICAL)	<ul> <li>5. Preparation of cereals, pulses, vegetables, egg, milk, fish, nuts.(One from each group)</li> <li>6. Preparation of ORS</li> <li>7. Preparation of jam, jelly, squash, pickles.</li> </ul>	demonstrat ion of practical	rissignment	13113	Julii Sala
	PAPER III (PRACTICAL)	<ul> <li>5. Preparation of cereals, pulses, vegetables, egg, milk, fish, nuts.(One from each group)</li> <li>6. Preparation of ORS</li> <li>7. Preparation of jam, jelly, squash, pickles.</li> <li>8. Planning of a day's</li> </ul>	demonstrat ion of practical	rissignment	13113	Julii Sala
	PAPER III (PRACTICAL)	<ul> <li>5. Preparation of cereals, pulses, vegetables, egg, milk, fish, nuts.(One from each group)</li> <li>6. Preparation of ORS</li> <li>7. Preparation of jam, jelly, squash, pickles.</li> <li>8. Planning of a day's diet for a pregnant &amp;</li> </ul>	demonstrat ion of practical		13113	Julii Sala


	9. Planning &		
	preparation of a day's		
	diet for the following		
	conditions -Peptic		
	ulcer, Fever,		
	Hypertension, Diabetes		
	mellitus (Type II-		
	NIDDM).		

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## Lesson Plan- 2018-2019

# PART –III Honors. & Programme Course

Name of the Department: \_Food and Nutrition \_\_\_\_\_

Period	Hons/	Paper Name and	Topics	Methods	Methods of	Number	Name of the
	Programme	Paper Code		and	Evaluation	of classes	Teacher
	Course	_		materials		allotted	assigned
						in hours	_

August-	Hons	Paper V: Unit I	1. Enzymes &	Chalk and	Assignment/	4hrs	Dr.
January		NUTRITIONAL	Coenzymes	board	class tests		Priyadarshi
-		BIOCHEMISTR	-	method,			ni
		Y	Enzymes: Definition &	Lecture			Chakrabort
			Classification, Kinetics	method,			у
			(Gibs free energy change,	power point			-
			Reaction initiation	presentation			
			energy), michalies-	and texts			
			Menten equation,	and			
			Reciprocal plot & its	reference			
			significance, Vmax &	books			
			Km, substrate specificity,				
			enzyme inhibition				
			(irreversible-Penicillin				
			inhibition, reversible				
			explained from				
			Reciprocal plot, allotter-			4hrs	
			ribonucleotide reductase				
			inhibition by				
			nucleotides), isozymes-				
			ex, LDH.				
			COENZYMES-				
			Definition, Biochemical				
			functions of NAD,				
			NADP, FAD, CoA,				
			Tetrahydrofoltate, TPP,				
			Names of vitamins				
			present in those				
			coenzymes.				

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	<b>3.LIPIDS</b> Beta Oxidation, (alpha and omega oxidation- definition only), Synthesis & utilization of ketone bodies, Ketosis, Causes of Fatty liver.		12hrs	
	5.NUCLEIC ACID; Structure of purines & Pyrimidines, Nucleosides &Nucleotides, Formation of Nucleic acid chain from Nucleotides, Importance of Thymine in D & their functions (in brief), Structure of t-RNA, Codons, Definition of Central Dogma (Replication, Tronscription		4hrs	Juthi Saha
	Translation- elementary idea only0, &			

		Machineries needed in each step (only names of the enzymes and coenzymes)				
	Paper V Unit II: Microbiology	<ol> <li>Microscope: Different parts of Microscope and its functions.</li> <li>Cultication of Bacteria: Nutritional requirements of mcroorganisms, typesof growth media (selecstive, differential, enriched media-definition with example). Pure culture methods (streak plate, sprrad plate, pour plate, slant culture), Anaerobic cultivation of bacteria.</li> <li>Growth of Bacteria-</li> </ol>	Chalk and board method, Lecture method, power point presentation and texts and reference books	Assignment/ class tests	16 hrs	Dr. Priyadarshini Chakraborty
		Definition, Growth				

		phase, direct and indirect measurement of growth, Factors affecting growth (pH, temp and oxygen) <b>4.Stains and staining techniques</b> – dye (Chromophore, auochrome- definition with example). Clasification of stains, principles, simple staining, negative staining, differential staining (Gram staining and acid fast staining).				
	Paper VI (Unit I:	1. Basic concept of diet	Chalk and	Assignment/	10hrs	Juthi Saha
	DIET	therapy-different	board	class		
	THERAPY	definitions related to diet	method,	tests/practica		
		therapy	Lecture			
		2. Routine Hospital Diet-	method,	demonstratio		
		Modification of normal	power point	n/notebooks		
		diet into therapeutic diet.	presentation			
		Purpose of diet therapy.	and texts			
		Different modifications.	and			
		3. Diet with Energy	reference			

Modification-Energy	books	8hrs	
modification &			
nutritional care for			
weight management,			
identifying the		8hrs	
overweight obese,			
aetiological factors			
contributing obesity,			
prevention & treatment			
of obesity. Low energy			
diet & balanced energy			
reduction. Underweight-			
aetiology, an assessment,			
high energy diets for			
weight gain.			
4. DIET FOR FIBRILE			
CONDITION- different			
causes of fever.			
Metabolic changes during			
fever (elementary idea),			
General dietary			
consideration. Causes,			
clinical features,			
treatments & dietary			
management of Short			
time fever (influenza,			
Chronic fever			
(tuberculosis),			
Intermittent fever			

		(Malaria).				
		5.Diet during Surgery-				
		General introduction,				
		Pre- & Post operative diet				
		(brief idea), Dietary				
		management.				
	Paper VI Unit –	1.CARDIOVASCULAR	Chalk and	Assignment	15hrs	Dr.Priyadars
	II: DIET	DISEASES; General	board	-		hini
	THERAPY	information & brief idea.	method,			Chakraborty
		Causes or factors of CHD	Lecture			
		in brief. Dietary	method,			
		management. Causes,	power point			
		symptoms in brief &	presentation			
		dietary management of	and texts			
		the following:	and			
		Atherosclerosis,	reference			
		hypertension,	books			
		hypercholesterolemia,				
		IHD, Congestive cardiac				
		failure.				
		2. RENAL DISEASES-				
		General introduction.				
		Causes, symptoms in				
		brief & dietary				
		management of the				
		following;				
		Type I or				
		Glomerulonephritis, Type				
		II or Nephrotic				

	Syndrome Acute &			
	Chronic renal failure			
	Denal calculi			
	Kellal calcull.			
PAPER VII	GROUP A-	Hands on	10 hrs	Juthi Saha
UNIT I:	QUALITATIVE	demonstrati		
BIOCHEMISTR	ESTIMATION-	ons of		
Y PRACTICAL	1. Qualitative estimation	practicals.		
	of carbohydrate (Mono,			
	di and poly saccharides).			
	Glucose Fructose			
	Sucrose Lactose Starch			
	Devtrin			
	2 Colour reactions of			
	2.Colour reactions of			
	protein.			D
	CDOUDD			Dr.
	GROUP B-		101	Priyadarshini
	QUANTITATIVE		10 hrs	Chakraborty
	ESTIMATION:			
	1.Satandard curve of			
	protein by Biuret method			
	using BSA.			
	2.Standard curve of			
	Protein by Folin Phenol			
	method using BSA.			
	3.Estimation of unknown			
	protein from egg or			
	serum protein			

	<ul><li>4. Standard curve of PNP</li><li>5. Preparation of Buffer.</li></ul>				
PAPER VII- UNIT II- (FOOD PRESERVATIO N AND PREPARATION ) PRACTICAL	<ol> <li>Introduction to food preservation and different methods of food preservation. Purpose of food preservation.</li> <li>Use of natural and chemical preservatives in preparartion of different preserved products- jam, jelly, squash, pickles, murabba etc</li> </ol>	Hands on demonstrati ons of practical.	Class assignments	12hrs	Dr. Priyadarshini Chakraborty

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					2hrs	
	PAPER VIII, UNIT-I: DIET THERAPY PRACTICAL	1. Introduction to therapeutic nutrition, its objectives. Different modification techniques (demonstration).	Hands on demonstrati on of practical	Assignment/ project report/ Notebooks	15hrs	Juthi Saha
		<ol> <li>Planning and preparation of normal diet</li> <li>Planning and preparation of clear fluid and full fluid diet</li> <li>Planning and preparation of soft diet</li> </ol>				

	PAPER VIII- UNIT II- MICROBIOLO GY	<ol> <li>Basic idea of process of sterilization</li> <li>Preparationof Nutrient Agar media</li> </ol>	Hands on demonstrati on of practical	Assignment	12 hrs	Dr.Priyadars hini Chakraborty
	PAPER VIII-	1. Review and Project	Preparation	Assignment	8 hrs	Dr.
	UNIT III-	work	of chart/			Priyadarshini
	(PROJECT AND		poster			Chakraborty
	SEMINAR)	2.Seminar presentation	preparation,			

			models related to health and nutrition education.	and dissertation		15hrs	Dr.Guddi Tiwary
Prog	gramme ] ourse ] (	PAPER IV- UNIT-I (GROUP-A; COMMUNITY NUTRITION)	<ol> <li>Concept of community</li> <li>Methods of assessment of nutritional status- Anthropometry, Clinical, Biochemical, Dietary surveys, Vital health statistics.</li> <li>Nutrition education in community- Definitions, methods Uses.</li> </ol>	Chalk and board method, Lecture method, power point presentation and texts	Assignment	15 hrs	Juthi Saha

	PAPER IV- UNIT-I (GROUP B- FOOD MICROBIOLO GY &SANITATION )	<ol> <li>Elementary structure and characteristics of microbes. Bacteria , Virus, Fungi including mould, yeast and protozoa.</li> <li>Food spoilage: Cereal, Pulses, Vegetables &amp; Fruits, Milk &amp; milk products, Feshy foods, Fats &amp; oils.</li> </ol>		
		4. Food preservation- Definition, objectives, Methods- main principle. Procedure, common examples.		Dr. Priyadarshini Chakraborty

	PAPER IV- UNIT-II (PRACTICAL)	1. Diet survey in household of slums/rural area	Hands on demonstrati on of practical	Assignment	5hrs	Dr. Guddi Tiwary

**Recommended Text books:** 

### For PAPER V & VII:

- 1. Lehninger, A.L.; Nelson, D. L. and Cox, M. M. Principles of Biochemistry. CBS Publishers and Distributors.
- 2. A.C Deb, (2001) Fundamental of Biochemistry, New Central Book Agency (p) Ltd; 9th edition.
- 3. Debajyoti Das, Biochemistry, 14<sup>th</sup> Ed, Academic publishers.
- 4. Frazier, W. C. and Westhoff, D. C. (1988): 4th edition, Food Microbiology, MaGraw Hill Inc.
- 5. Jay James. N. (1986) : 3rd edition, modern Food Microbiology, Van Nestrand Reinhold Company Inc.
- 6. Pelczar, M.I. and Reid, K. D. (1978): Microbiology, McGraw Hill Company, New York.
- 7. Benson Harold, J. (1990) : Microbiological Application, Publishers, U.S.A.
- 8. Colling, C.E. and Lyne, P.M. (1976) : Microbiological Methods Butterworth. London
- 9. Jay JM, Modern Food Microbiology, CBS Publication New Delhi 3rd Ed. 1987

### For PAPER VI :

- 1. Anderson, L., Dibble, M.V., tukki, P.R., Mitchall, H.S., and Rynbergin H.J.: Nutrition in Health and Disease, 17th edition, J. B. Lipincott& Co. Philadelphia.
- 2. Antia F. P.: Clinical Dietetics and Nutrition, Second Edition, Oxford University Press, Delhi.
- 3. Mahan, L. K., Arlin, M. T.: Krause's Food, Nutrition and Diet Therapy. 8th edition, W. B. Saunders Company, London.
- 4. Robinson. C.H. Lawler, M.R. Chenoweth, W. L., and Garwick, A. E. (1986): Normal and Therapeutic Nutrition. 17th edition, MacMilian Publishing Co.
- 5. Williams. S. R.: Nutrition & Diet Therapy, 6th edition, Times Mirror/Mosby College Publishings, St. Louis.





# Prasanta Chandra MahalanobisMahavidyalaya

# Lesson Plan- 2018-2019

# Semester II Honours & Programme Course

# Name of the Department: Food and Nutrition

Period	Hons/	Paper Name and	Topics	Methods and	Methods of	Numbe	Name of
	Progra	Paper Code		materials	Evaluation	r of	the Teacher
	mme					classes	assigned
	Course					allotted	
						in	
						hours	
March-	Hons.	FNTACORO03	1.Proteins and	Powerpoint	CI	10hrs	Dr.Priyadars
April		T-FOOD	Amino acids-	Presentation.	Class		hini
		CHEMISTRY,		Lecture.	Assignment		Chakraborty
		BIOPHYSICS	Classification of	Board work. E-			
			proteins.	books, Study			
		BIOCHEMICA	• Protein structure	materials			
		L DDINCIDI ES/T	and organization:				
		PRINCIPLES(1 HEODV)	primary,				
		HEOKI)	secondary, tertiary				
			and quaternary				
			structure.				
			• Amino acid				
			Dhysical and				
			• Physical and				
			proportion of				
			amino acid and				
			nrotein				
			Biological value				
			of proteins (BV)				
			Net protein				
			utilization (NPL)				
			and Protein	Online class.			
			efficiency ratio	Powerpoint	Class	20hrs	
			(PFR)	Presentation.	Assignment		
				Lecture.			
			2.Carbobydrate	Board work,			
			Chemistry	Study materials			
			• Carbohydrates	as pdf			
			classification-				
			mono-, di- &				
			polysaccharide				
			Stereoisomerism				
			in carbohydrates.				
			<ul> <li>Physical and</li> </ul>				

		<ul> <li>chemical properties of mono-, di- and polysaccharides;</li> <li>Dietary fibre - definition; Fibre components - cellulose, hemicellulose, pectin substances, lignin.</li> </ul>		Continuous	10has	Drive de selvie
	FNTACOR03P: FOOD CHEMISTRY, BIOPHYSICS AND BIOCHEMICA L PRINCIPLES (PRACTICAL)	<ol> <li>Qualitative tests for the identification of: Glucose, Galactose, Fructose, Sucrose, Lactose, Starch, Dextrin.</li> <li>Glucose</li> </ol>	Hands on practical class demonstration	Continuous assessment	10hrs	Priyadarshin i Chakraborty
		estimation in blood 3. Qualitative tests for the identification of - Albumin, Gelatin, Peptone, urea, uric acid.		Continuous assessment	6hrs	

	FNTACOR04T: HUMAN PHYSIOLOGY (THEORY)	<ol> <li>Physiology of excitable cells:</li> <li>Different types of</li> </ol>	Lecture method; text books	Assignments	24 hrs	Bikash Majumder
		<ul> <li>muscles and their structures</li> <li>Mechanism of skeletal muscle contraction and relaxation,</li> <li>Muscle energetic,</li> <li>Isometric and isotonic muscle contraction.</li> <li>Structure of nerves.</li> <li>Nerve impulse and its conduction.</li> <li>Synapse and Neuromuscular junctions.</li> <li>Synaptic transmission.</li> <li>Neutrotrophins</li> </ul>				
	FNTACOR04P: HUMAN PHYSIOLOGY (PRACTICAL)	<ol> <li>Test for Visual acuity, Colour vision.</li> <li>Identification with reasons of histological slides (Lung, Liver, Kidney, Small intestine, Stomach, Thyroid, Adrenal, Pancreas, Testis, Ovary and Muscle of mammals).</li> </ol>	Offline hands- on practical class	Assignments	2hrs 4hrs	Bikash Majumder

Progra	FNTGCOR02T:	1.Animal cell	Lecture	Assignments	5hrs	Dr.Privadars
mme	HUMAN BODY		method;	0		hini
Course	AND	• Animal cell:	Chalkboard,			Chakraborty
	NUTRITION	definition.	PDF			2
	(THEORY)	structure and				
	· · · · ·	functions of				
		different parts.				
		Organelle				
		C				
		2.Blood and body				
		Fluids:			10hrs	
		• Blood,				
		composition,				
		blood corpuscles,				
		functions, blood				
		groups and its				
		importance in				
		transfusion,				
		hazards of				
		mismatch blood				
		transfusion. Rh				
		factor, blood				
		coagulation.				
		• Lympn:				
		Compositionand				
		Tunction.				
		3.Cardiovascular				
		and <b>Respiratory</b>			6 hrs	Bikash
		system				Majumder
		• Heart: Junctionl				
		tissues and				
		functions. Cardiac				
		cycle, cardiac				
		output, blood				
		pressure and its				
		regulation.				
		iviecnanism of				
		respiration,				
		Respiratory centre.				
		regulation				
	ENTCCOD02D.	1 Determination of	Hands on	Assignments	6hrs	Bikash
	HIMAN RODV	nulse rate in	practicals	Assignments	01115	Majumder
	AND	Resting condition	Practicals			majamaei
	NUTRITION	and after exercise				
	(PRACTICAL)	(30 beats/10 beats				
	()	method)				

			<ol> <li>Determination of blood pressure by Sphygmomanomet er (Auscultatory method).</li> <li>Identification of permanent sections (Blood cells, Stomach, Small intestine, large intestine, Liver, pancreas).</li> </ol>			6hrs 6hrs	
May- June	Hons.	FNTACORO03 T -FOOD CHEMISTRY, BIOPHYSICS AND BIOCHEMICA L PRINCIPLES(T HEORY)	<ul> <li>1.Lipid Chemistry</li> <li>Lipids: Classification- Fatty acids, triglycerides, phospholipids, Glycolipids, sterols and steroids.</li> <li>Edible fats and oils - physical and chemical properties, Hydrogenation and importance of fats in the diet.</li> <li>Physical and chemical properties of saturated, monounsaturated fatly acids, Trans fatty acids, phospholipids, cholesterols and liposomes.</li> <li>Essential fatty acids.</li> </ul>	Online class. Powerpoint Presentation and Lecture. E- books, Study materials	Class assignment	15 hrs 10hrs	Dr. Priyadarshin i Chakraborty
			• Enzmes: Definition and structure.				



	<ul> <li>Enzyme substrate interaction.</li> <li>Enzyme kinetics,</li> <li>MichaelisMentenc onstant(Km).</li> <li>Enzyme inhibition</li> <li>Factors regulating enzyme activities,</li> <li>Isoenzymes, Pro- enzymes, Ribozymes, Abzymes,</li> <li>Concept of Rate limiting enzymes.</li> </ul>				
FNTACOR03P: FOOD CHEMISTRY, BIOPHYSICS AND BIOCHEMICA L PRINCIPLES(P RACTICAL)	<ol> <li>Protein estimation by Biuret and Lowry methods.</li> <li>Estimation of urea and uric acid in blood.</li> <li>Determination of acid value of oils by titrimetric method.</li> <li>Determination of specific gravity of liquid (fruit juice, blood).</li> </ol>	Offline Hands- on Practical Class	Class assignments	6hrs 6hrs	Dr. Priyadarshin i Chakraborty
FNTACOR04T: HUMAN PHYSIOLOGY (THEORY)	<ul> <li>1.Endocrine system</li> <li>Structure, hormones and functions of pituitary, thyroid, parathyroid, adrenal gland and pancreas.</li> <li>Hypothalamus as an endocrine gland.</li> <li>Gastrointestinal hormones. Growth factors.</li> </ul>	Lecture method; Chalkboard, PDF	Assignments	8 hrs	Bikash Majumder

	FNTACOR04P: HUMAN PHYSIOLOGY (PRACTICAL)	<ol> <li>Qualitative determination of glucose in blood or urine.</li> <li>Total count (TC) and Differential count (DC)</li> </ol>	Hands on demonstration of practical	Assignments	6hrs	Bikash Majumder
Progra mme Course	FNTGCOR02T: HUMAN BODY AND NUTRITION (THEORY)	<ul> <li>1. Digestive system and Digestion</li> <li>Digestive system: Structures involved in digestive system (mouth, oesophagus, stomach, small intestine, large intestine, liver pancreas, gallbladder), and their functions, composition of different digestive juices &amp; their functions. Digestion and absorption of carbohydrate, protein and fat.</li> <li>2. Excitable cells</li> <li>Brief description about the mechanism of muscular contraction. Neuro- muscular transmission.</li> <li>3. Regulatory systems</li> <li>General idea about the Hormones in human body and their significance on nutrition. Brief</li> </ul>	Chalk and board Lecture method,Notes	Assignments	8hrs 10hrs	Dr.Priyadars hini Chakraborty Bikash Majumder

	idea about brain and sinal cord. somatic and autonomic control of body.				
FNTGCOR02P: HUMAN BODY AND NUTRITION (PRACTICAL)	<ol> <li>Determination of Bleeding Time (BT) and Clotting Time (CT).</li> <li>Detection of Blood group (Slide method).</li> </ol>	Offline hands on practical	Assignments	6hrs	Bikash Majumder

#### **Recommended Text books:**

### For FNTACOR03T:

- 1. Fennema, Owen R (1996), Food Chemistry, 3rd Ed., Marcell Dekker, New York.
- 2. Murray, R. K. Grannen, D. K.; Mayes, P. A. and Rodwell. V. W: Harper's Biochemistry. Lange Medical Book.
- 3. Potter, N.N. and Hotchkiss, J.H (1995), Food Science, 5th Ed., Chapman & Hall.
- 4. Lehninger, A.L.; Nelson, D. L. and Cox, M. M. Principles of Biochemistry. CBS Publishers and Distributors.
- 5. A.C Deb, (2001) Fundamental of Biochemistry, New Central Book Agency (p) Ltd; 9th edition.
- 6. Debajyoti Das, Biochemistry, 14th Ed, Academic publishers.

### For FNTACOR4T and FNTGCOR02T:

- 1. Berne, R. M., Koeppen, B. M., & Stanton, B. A. (2010). *Berne & Levy physiology*. Philadelphia, PA: Mosby/Elsevier.
- 2. Barrett, K. E., & Ganong, W. F. (2012). *Ganong's review of medical physiology*. New York: McGraw-Hill Medical.
- 3. Hall, J. E., & Guyton, A. C. (2011). *Guyton and Hall textbook of medical physiology*. Philadelphia, PA: Saunders Elsevier





# Prasanta Chandra MahalanobisMahavidyalaya

# Lesson Plan- 2018-2019

## PART II Honors. & Programme Course

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# Name of the Department: \_\_\_\_Food and Nutrition\_\_\_\_\_

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
February- June	Hons	PAPER III UNIT I COMMUNITY NUTRITION	Concept of surveillance : food and nutrition surveillance, need for surveillance, objectives of surveillance, indicators of nutritional surveillance, importance and use of surveillance. International, national, regional Agencies and Organisations : WHO, FAO, CARE,UNICEF, International Red Cross, NIN, ICMR, ICAR,CFTRI, FNB, NMB, Indian Red Cross, CSWB, Nutrition Foundation of India.	Chalk and board method, Lecture method, power point presentation and text books	Assignment/ class tests	6hrs	Dr. Guddi Tiwary
			Nutritional intervention program to combat malnutrition. Nutrition Education: (elementary idea) Reason for Nutrition Education, objectives.			6hrs	Juthi Saha

	PAPER III UNIT II PUBLIC HEALTH & EPIDEMIOLOGY	Immunization:- Definition. Host defenses and immunity. Immunizing agents: its types. National immunization schedule- its importance. Immunization for adults & foreign travelers. Hazards of immunization. Health advice to the foreign travelers. Community water & waste management: Importance of water to the community. Sources of water. Concept of water pollution. Purification of water in small & large scale. Drinking water	Chalk and board method, Lecture method, power point presentation and text books	Assignment/ class tests	16 hrs	Dr. Guddi Tiwary
		handling & safe drinking water. Water borne diseases (diarrhea, dysentery, arsenic toxicity).				
		Waste-Types and methods of disposal, sewage disposal and treatment, Treatment and disposal technologies of health care wastes.				
		Community food protection:- Epidemiology of food borne diseases. Mode of transmission. Prevention & control (Salmonellosis, Shigellosis, typhoid, botulism, Cholera, E.coli food poisoning, Staphylococcal food				

	poisoning).				
PAPER IV	Sugar and its	Chalk and	Assignment/	10hrs	Dr.Priyadars
UNIT I	products: - Properties	board	class		hini Chalmahanta
	of sugar. Different	Inethod,	lests/notedo		Chakradorty
FOOD	product. Crystallization	method,	OK3		
FOOD COMMODITIES	of sugar. Different sugar and their product. Crystallization of sugar. Factors affecting crystallization. Brief idea about different crystalline and non-crystalline candies. Caramelization. Role of sugar in cookery. Different natural and artificial sweeteners. Fats and Oils:- Classification & Nutritive value of fats and Oils. Different fatty acids. Structure of fat. Chemical properties. Analysis of fats & oils. Degradation of fat, factors affecting it & its prevention. Smoking temperature of fat. <b>Food Preservation:-</b> Objectives of preservation in brief.	method, Lecture method, power point presentation and text books	tests/notebo oks	12hrs	Chakraborty
	Different methods of preservation. Basic idea of food spoilage. Preparation of preserved products like jam, jelly, squash, pickles etc. Food Additives:- Brief idea about food additives. Leavening agent:- Brief idea about different leavening agent like baking				
	PAPER IV UNIT I FOOD COMMODITIES	PAPER IV UNIT I FOOD COMMODITIESSugar and its products: - Properties of sugar. Different sugar and their product. Crystallization. Brief idea about different crystalline and non-crystalline candies. Caramelization. Role of sugar in cookery. Different natural and artificial sweeteners.Fats and Oils:- Classification & Nutritive value of fats and Oils. Different fatty acids. Structure of fat. Chemical properties. Analysis of fats & oils. Degradation of fat, factors affecting it & its prevention. Smoking temperature of fat.Food Preservation:- Objectives of preservation in brief. Different methods of preservation. Basic idea of food spoilage. Preparation of preserved products like jam, jelly, squash, pickles etc.Food Additives:- Brief idea about food additives.Leavening agent:- Brief idea about different leavening agent like baking powder, egg etc.	PAPER IV       Sugar and its products: - Properties of sugar. Different sugar and their product. Crystallization. Brief idea about different crystallization. Brief idea about different crystallization. Brief idea about       Chalk and board method, Lecture method, power point affecting crystallization. Brief idea about different crystallization. Brief idea about         Brief idea about       Chalk and board method, caudies.         Caramelization. Brief idea about       method, power point affecting crystallization. Brief idea about         Chalk and board method, could be power point affecting crystallization. Brief idea about       method, power point affecting crystallization. Brief idea about         Caramelization. Role of sugar in cookery. Different natural and artificial sweeteners.       Fats and Olis:- Classification & Nutritive value of fats and Olis. Different fatty acids. Structure of fat. Composition of fat. Chemical properties. Analysis of fats & oils. Degradation of fat, factors affecting it & its prevention. Smoking temperature of fat.         Food Preservation:- Objectives of preservation in brief. Different methods of preservation of preservation of preserved products like jam, jelly, squash, pickles etc.         Food Additives:- Brief idea about food additives.         Leavening agent:- Brief idea about different leavening agent like baking powder, egg etc.	PAPER IV       Sugar and its products: - Properties of sugar. Different product. Crystallization of sugar. Factors affecting crystallization. Brief idea about different crystalline and non-crystalline candies. Caramelization. Role of sugar in cookery. Different natural and artificial sweeteners.       Chalk and bard method, power point presentation and text books         Fats and Ois:- Classification & Nutritive value of fats and Oils. Different fatty acids. Structure of fat. Chansing a bits prevention. Smoking temperature of fat.       Assignment/ classification books         Food Preservation- Objectives of preservation in brief. Different methods of preservation of preservatio	PAPER IV       Sugar and its products: - Properties of sugar. Different sugar and their product. Crystallization. Brief idea about different crystalline candies. Caramelization. Role of sugar in cookery.       Chalk and method, texts/notebo oks       Assignment/ texts/notebo oks       10hrs         Brief idea about different crystallization. Brief idea about different natural and artificial sweeteners.       Presentation and text books       Assignment/ texts/notebo oks       10hrs         Fats and Oils:- Classification & Nutritive value of fats and Oils. Different fatty acids. Structure of fat.       Nutritive value of fats and Oils. Different fatty acids. Structure of fat.       10hrs         Food Preservation:- Objectives of preservation in brief. Different methods of preservation. Basic idea of food spoilage. Preparation of preservation. Basic idea about food additives.       12hrs         Leavening agent:- Brief idea about different leavening agent like baking powder, egg etc.       12hrs

		Food adulteration & Food Standards:- Different food standards: BIS, Agmark, FPO, PFA, MPO etc. basic idea about food adulteration, quality. Factors responsible for food adulteration.				
		<b>Convenience Food:</b> - Basic idea, types, role of convenience food.				
		<b>Spices:-</b> Different spices, their composition, medicinal value & use. Basic idea about herbs.				
		<b>Beverages:-</b> Classification. Tea: nutritional aspect, classification, processing of tea, different types of tea. Coffee: composition, processing, nutritional aspect of coffee. Bitter substances present in coffee, different coffee products. Chocolate & cocoa: processing, composition & nutritional aspect. Alcoholic beverages: beer, rum, wine- their processing. Carbonated beverage				
	Paper – IV,	Clinical assessment	Hands on	Assignment	12hrs	Dr.Guddi
	Unit-II Community Nutrition	and signs of nutrient deficiencies, Anaemia, Rickets, B-Complex deficiencies	practical demonstrati on			Tiwary
	(Practical)	Estimation of food and nutrient intake- Household food consumption date, per consumption unit, 24 hours dietary recall, 24				

		hours record. Weighment method, food diaries, food frequency data, use of each of the above, information available through each individual, collection of data, estimation of intakes. Community field survey				
Programme course	PAPER II- UNIT-I (FOOD SCIENCE)	<ul> <li>5. Nutritional requirements (RDA), dietary guidelines of pregnant and lactating women, infants, pre- school children , school children (School lunch programme), adult males and females, old age people.</li> <li>6. Deficiency diseases (Nutritional anaemia, PEM, IDD, VAD)- Aetiology, Prevalance, Clinical findings, Prevention &amp; treatment.</li> </ul>	Lecture, power point presentation and notes	Assignment	6 hrs	Dr.Priyadars hini Chakraborty
	UNIT II- (THERAPEUTI C NUTRITION)	<ol> <li>Basic concepts of diet therapy.</li> <li>Principles and classification of the therapeutic diet,</li> <li>Hospital diet: regular, soft, fluid, special feeding methods advantages &amp; disadvantages.</li> <li>Food allergy - Definion,Sources,</li> </ol>			12 hrs	Dr.Priyadars hini Chakraborty

PAPER III [PRACTICAL]	Symptoms, Diagnosis, Treatment ;Food intolerance 1. Elementary idea of weights & measures 2. Processes involved in food preparations - Boiling, Roasting, Stewing, Poaching, Frying, Grilling, Pressure cooking.( One of each type)) 3. Preparation of supplementary foods for inforta( minimum		12 hrs	Dr.Priyadars hini Chakraborty
	for infants( minimum two). 4. Planning and Preparation of fluid diet, soft and semi- solid diet ( One from each group)			

#### **Recommended Text books:**

#### For FNTACOR08T:

- 1) Das Suryatapa. Textbook of community nutrition.4<sup>th</sup> Edition. Academic Publishers.
- 2) Park: Park's Textbook of preventive and Social Medicine. 9th edition. M/s. BanarasidasBhanot. Jabalpur.
- 3) Gopalon. C.: Nutrition Foundation of India, Special Publication service.
- 4) Beghin, 1. Cap. M: Dujardan. B. : A Guide to Nutrition Status Assessment. W.H.O. Geneva.
- 5) Gopaldas, t. Seshadri, S. : Nutrition Monitoring a Assessment: Oxford University Press. 7. Mason, J. B., Habicht, J. P.; Tabatabai. H. Valverde. U.: Nutritional Surveillance, W.H.O.
- 6) Jelliffe, D. B. : Assessment of the Nutritional Status of the Community; World Health Organisation.

#### For FNTACOR09T:

1.Park: Park's Textbook of preventive and Social Medicine. 9th edition. M/s. BanarasidasBhanot. Jabalpur.

#### For FNTACOR10T:

**1**. Anderson, L., Dibble, M.V., tukki, P.R., Mitchall, H.S., and Rynbergin H.J.: Nutrition in Health and Disease, 17th edition, J. B. Lipincott& Co. Philadelphia.

2. Anita F. P.: Clinical Dietetics and Nutrition, Second Edition, Oxford University Press, Delhi.

3. Mahan, L. K., Arlin, M. T.: Krause's Food, Nutrition and Diet Therapy. 8th edition, W. B. Saunders Company, London.

4. Williams. S. R.: Nutrition & Diet Therapy, 6th edition, Times Mirror/Mosby College Publishings, St. Louis.

5. Raheena, Begum: A textbook of food, nutrition and dietetics Sterling Publishers, New Delhi.

6. Joshi, S. A. : Nutrition and Dietetics, Tata McGraw Hill, Publications, New Delhi.

#### For FNTGCORO4T:

1. Anderson, L., Dibble, M.V., tukki, P.R., Mitchall, H.S., and Rynbergin H.J.: Nutrition in Health and Disease, 17th edition, J. B. Lipincott& Co. Philadelphia.

2. Anita F. P.: Clinical Dietetics and Nutrition, Second Edition, Oxford University Press, Delhi.

3. Mahan, L. K., Arlin, M. T.: Krause's Food, Nutrition and Diet Therapy. 8th edition, W. B. Saunders Company, London.

4. Williams. S. R.: Nutrition & Diet Therapy, 6th edition, Times Mirror/Mosby College Publishings, St. Louis.

5. Raheena, Begum: A textbook of food, nutrition and dietetics Sterling Publishers, New Delhi.

6. Joshi, S. A. : Nutrition and Dietetics, Tata McGraw Hill, Publications, New Delhi.





# Prasanta Chandra Mahalanobis Mahavidyalaya

# Lesson Plan- 2018-2019

# PART III Honors. & Programme Course

# Name of the Department: \_Food and Nutrition \_\_\_\_\_

Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
ruary- Hons	Paper V: Unit I NUTRITIONAL BIOCHEMISTR Y	2.CARBOHYDRATES; Glycolysis.Citric acid cycle, electron transport chain (brief idea), glycogenolysis, gluconeogenesis, HMP Shunt. 3.PROTEIN Tertiary & Quarternary structures of protein with Haemoglobin & Collagen as examples, Deamination& Transamination, amino acid metabolism.	Audio recorded Lecture,po wer point presentation and e- resources available on SWAYAM (Inflibnet Centre); E- PG Pathshala, Egyankosh;	Assignment/ class tests	4hrs	Dr. Priyadarshini Chakraborty Dr. Priyadarshini Chakraborty
		<ul> <li>6. VITAMINS; Structure &amp; Biochemical roles, Deficiency disorders of Vitamin A, D, E, K, B1, B2, B6, Folic acid, Pantothenic acid, Niacin &amp; Vitamin C.</li> <li>7. MINERALS: Biochemical functions of Na, K, Ca, P, I, Fe,Se-Disordersrelated to Hyperactivity &amp;</li> </ul>			12hrs	Juthi Saha
			<ul> <li>as examples, Deamination&amp; Transamination, amino acid metabolism.</li> <li>6. VITAMINS; Structure &amp; Biochemical roles, Deficiency disorders of Vitamin A, D, E, K, B1, B2, B6, Folic acid, Pantothenic acid, Niacin &amp; Vitamin C.</li> <li>7. MINERALS: Biochemical functions of Na, K, Ca, P, I, Fe,Se- Disordersrelated to Hyperactivity &amp; Deficiencies of those elements.</li> </ul>	as examples, Deamination& Transamination, amino acid metabolism. 6. VITAMINS; Structure & Biochemical roles, Deficiency disorders of Vitamin A, D, E, K, B1, B2, B6, Folic acid, Pantothenic acid, Niacin & Vitamin C. 7. MINERALS: Biochemical functions of Na, K, Ca, P, I, Fe,Se- Disordersrelated to Hyperactivity & Deficiencies of those elements.	as examples, Deamination& Transamination, amino acid metabolism. 6. VITAMINS; Structure & Biochemical roles, Deficiency disorders of Vitamin A, D, E, K, B1, B2, B6, Folic acid, Pantothenic acid, Niacin & Vitamin C. 7. MINERALS: Biochemical functions of Na, K, Ca, P, I, Fe,Se- Disordersrelated to Hyperactivity & Deficiencies of those elements.	as examples, Deamination& Transamination, amino acid metabolism. 6. VITAMINS; Structure & Biochemical roles, Deficiency disorders of Vitamin A, D, E, K, B1, B2, B6, Folic acid, Pantothenic acid, Niacin & Vitamin C. 7. MINERALS: Biochemical functions of Na, K, Ca, P, I, Fe,Se- Disordersrelated to Hyperactivity & Deficiencies of those elements.

	8. CELLULAR TRANSPORT: Preliminary idea about membrane permeability, Active & Passive transport, Facilitated transport, a brief idea about gated channels & membrane –bound transport protein.			4 hrs 4hrs	Dr. Priyadarshini Chakraborty
Paper V Unit II: Microbiology	<ul> <li>5.Morphology of Bacteria- Slime layer, capsule, cell wall, flagella, pilli, fimbriae, cell membrane, ribosome, cytoplasmic inclusions (inorganic), endospore( structure, formation and germination.</li> <li>6. Control of microbes- Sterilization, Disinfection, Antiseptics, detergents, methods of sterilization- Pysical (heat, low temp, radiation, filtration), Chemical ( alcohol, phenol, halogen, heavy metals, formaldehyde).</li> <li>7. Food Microbiology- milk as a growth medium of bacteria, normal microflora in milk, undesirable microbes in milk, Pasteurization, phosphatase test.</li> </ul>	ICT,Lecture method; power point presentation and e- resources available on SWAYAM (Inflibnet Centre); E- PG Pathshala, Egyankosh; video demonstrati ons	Assignment/ class tests	4hrs 4hrs	Dr. Priyadarshini Chakraborty

		Methylene blue reduction test. Normal microflora of vehgetables & fruits, meat, fish, egg, canned food, cereal & cereal products, enumeration of microbespresent in food& milk. Outline of methods for detection of microorganisms in drinking ater (presumptive, confirmatory and completed test), distinction between faecal and non faecal coliforms- IMVic test.			4hrs	
		Extrinsic & intrinsic parameters affecting growth & survival of microbes. <b>8. Food borne diseases-</b> Food borne infection & intoxication. Different food borne diseases like Shigellosis, salmonellosis, Clostridium Perfringens food poisoning, Typhoid, E.Coli food poisoning, Bacillus cereus food poisoning- causative agent, symptoms, pathogenicity & preservation			8hrs	
	Paper VI (Unit I: DIET THERAPY	6. Diseases of liver- General introduction , Symptoms of liver diseases, Reasons of liver diseases, Basic idea of liver function tests, Causes , clinical features , treatment & dietary	Audio recording Lecture method, Google meet virtual class, power point	Assignment/ class tests/practica l demonstratio n/notebooks	10hrs	Juthi Saha

	management of	proportation		
	management of –	presentation		
	Infective hepatitis &	and e-		
	jaundice, Cirrhosis of	resources		
	liver, Hepatic coma,	available on		
	Infantile biliary cirrhosis.	SWAYAM		
	-	(Inflibnet		
	7. GALL STONE	Centre). E-		
	DISEASE- General	PG		
	Introduction, Type of	Dathshala		
	Stones, Dietary	Pathshala,	8hrs	
	management	Egyankosh,		
	management.	e-book		
	8. PEPTIC ULCER-			
	General introduction of			
	pentic ulcer disease			
	Causes of particular			
	Causes of peptic ulcer		8hrs	
	disease, Mechanism of			
	ulcer formation,			
	symptoms of peptic ulcer			
	disease, treatment &			
	dietary management.			
	9. INTESTINAL			
	<b>DISORDERS-</b> General			
	introduction and dietarv			
	management of different			
	intestinal disorders			
	Constinution			
	Consupation- causes,			
	complication, type(in			
	brief), dietary			
	management. Flatulence-			
	causes, treatment, dietary			
	management. Diarrhoea-			
	causes, physiological			
	isturbances in the body			
	during Diarrhoea			
	Different types of			
	Different types of			
	Diarrhoea, Symptoms,			
	Complication,			
	Prevention& treatment.			
	ORS. Steatorrhoea-			
	causes, treatment, dietary			
	management. Ulcerative			
	colitis- causes			
	symptoms treatment &			
	diotary monogement			
	uletary management.			
	Irritable bowel			
	syndrome- causes,			
	symptoms, dietary			
	management.			

	Paper VI Unit –	3.Diabetes Mellitus-	Audio	Assignment	15hrs	
	II: DIET	General introduction &	recording			5
	THERAPY	Classification. Factors	Lecture			Dr.
		responsible for diabetes.	method,			Priyadarshini
		Role of hormones,	Google			Chakraborty
		Characteristics of Type I	meet virtual			
		& Type II diabetes.	class, power			
		Treatment & dietary	point			
		management of diabetes,	presentation			
		Complications associated	and e-			
		with it.	resources			
		4 EOOD ALLERCY				
		4. FOOD ALLEROI,				
		related to food allergy,				
		Predisposing factors of				
		food allergy. Reasons for				
		allergy. Classification of				
		allergy. Allergic reaction				
		( elementary idea),				
		Symptoms of allergy,				
		Role of food as allergen,				
		Treatment & dietary				
		management of food				
		allergy, with elimination				
		diet				





PAPER VII UNIT I: BIOCHEMISTR Y PRACTICAL	<ul> <li>GROUP A- QUALITATIVE ESTIMATION-</li> <li>3. Qualitative estimation of fat. Solubility test, Unsaturation test, Saponifacation test, Test with soap &amp; acrolin layer.</li> <li>4. Chromatographic separaration of Amino acids from mixture of amino acids &amp; determination of Rf value.</li> </ul>	Audio recorded Lecture, power point presentation and Video demonstrati ons of practical.	10 hrs	Dr. Priyadarshini Chakraborty		
	<ul> <li>GROUP B- QUANTITATIVE ESTIMATION:</li> <li>6. Quantitative estimation of serum acid phosphatase</li> <li>7. Quantitative estimation of serum alkaline phosphatase.</li> <li>8. Quantitative estimation of Vitamin C in lemon juice.</li> <li>9. Quantitative estimation of glucose using fehling solution</li> <li>10. Determination o facid value of fat.</li> </ul>		10 hrs	Dr. Priyadarshini Chakraborty		
	PAPER VII- UNIT II- (FOOD PRESERVATIO N AND PREPARATION ) PRACTICAL	<ol> <li>Use of sun drying for preservation of food.</li> <li>Preparation of fermented food product</li> <li>Visit- Milk industry visit</li> <li>Food testing lab visit</li> <li>.</li> </ol>	Audio recorded Lecture, power point presentation and Video demonstrati ons of practical. Virtual Lab visit conducted	Class assignments	12hrs	Dr. Priyadarshini Chakraborty
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	PAPER VIII,	5.Planning and	Online	Assignment/	10hrs	Juthi Saha
	PAPER VIII, UNIT-I: DIET THERAPY PRACTICAL	5.Planning and preparation of diets for the following condition- Jaundice, peptic ulcer, diabetes, Fever, CHD, Gout, Renal failure (acute	Online demonstrati on of practical	Assignment/ project report/ Notebooks	10hrs	Juthi Saha

		or chronic), Obesity.				
	PAPER VIII- UNIT II- MICROBIOLO	3. Inoculation of one gram positive and one gram negative bacteria	Online demonstrati on of	Assignment	6 hrs	Dr.
	GY	4.Gram staining	practical			Chakraborty
	PAPER VIII- UNIT III- (PROJECT AND SEMINAR)	1. Review and Project work	Preparation of chart/ poster preparation,	Assignment	8 hrs	Dr. Priyadarshini Chakraborty
		2.Seminar presentation models related to health and nutrition education.	and dissertation			Dr.Guddi Tiwary

Programme course	PAPER IV- UNIT-I (GROUP-A; COMMUNITY NUTRITION)	<ul> <li>3. Role of National &amp; International organizations in improving community health- Who, FAO, UNICEF, CARE, NIN, CFTRI, ICMR.</li> <li>5. Current National Nutrition Intervention Programmes in India- SNP, ANP, ICDS, Mi day meal, NIDDCP, NPPMB,NNAPP.</li> </ul>	Audio recorded Lecture, power point presentation and e- resources available on SWAYAM (Inflibnet Centre); E- PG Pathshala, Egyankosh;	Assignment	15 hrs	Juthi Saha
	PAPER IV- UNIT-I (GROUP B- FOOD MICROBIOLO GY &SANITATION )	<ul> <li>3. Food borne infections and infestations. Causative organisms, Symptoms, Mode of transmission, method of preservation.</li> <li>5. Food adulteration- Definition, types, Introduction to food standards and food laws- PFA Act, AGMARK, PFO, MPO, Codex Allimeterious, Consumer Protection Act, HACCP</li> </ul>				Dr. Priyadarshini Chakraborty

	PAPER IV- UNIT-II (PRACTICAL)	<ul><li>2.Pllotting of growth chart</li><li>3.Identification of unknown microbes (prepared slides)</li></ul>	Online demonstrati on of practical	Assignment	10hrs	Dr. Guddi Tiwary

#### For FNTACOR13T:

1.Subalakshmi, G and Udipi (2001), S.A. Food processing and preservation; New Age International Publishers, New Delhi.

2. Srilakshmi, B. (2003), Food Science. New Age International Publishers, New Delhi.

3. Potter, N.N. and Hotchkiss J. H. (1996), Food Science. CBS publishers and distributors.

4. Srivastava, R.P.O. and Kumar, S. (1994) Fruit and vegetable preservation, International Book distribution Company, Lucknow.

5. MC Williams, M and Paine, H. (1994), Modern Food preservation. Surject Publications, Delhi.

6. Cruess, W.V.(1997), Commercial Fruits and Vegetable Products, Anees Offset press, New Delhi.

#### For FNTACOR14T:

- 1. Kothari C R(2004) Research Methodology, Methods & Techniques, 2<sup>nd</sup> Edi. New Age International Publishers.
- 2. Mahanjan BK (2010) Methods in Biostatistics, 7th Edi, Jaypee Brothers Medical Publishers (P) LTD.
- 3. Gun AM, Gupta MK, DasGupta b. (2008). Fundamentals of Statistics, 8th Edi, World press.
- 4. Malhotra OP, Gupta SK (1990) Elementary Statistics, 5<sup>th</sup>edi., S chand and Company.

#### For FNTADSE04T:

- 1. West B Bessie & Wood Levelle (1988) Food Service in Institutions 6th Edition Revised ByHargar FV, Shuggart SG, &Palgne Palacio June, Macmillan Publishing Company New York.
- 2. SethiMohini (2005) Institution Food Management New Age International Publishers
- Knight J B &Kotschevar LH (2000) Quantity Food Production Planning & Management 3rd edition John Wiley & Sons
- 4. Philip E Thangam (2008) Modern Cookery for teaching and Trade Part I & II Orient Longmam
- 5. Taneja S and Gupta SL (2001) Enterpreneurship development, Galgotia Publishing

#### For FNTADSE05T:

- 1. Webb and Johnson (1988), Fundamentals of Dairy Chemistry, 3rd ed., CBS Publishers, New Delhi.
- 2. Pieter Walstra Jan T. M. Wouters Tom J. Geurts (2006), Dairy Science and Technology, Second Edition, CRC Press, Tayor and Francis group.
- **3.** M.P.Mathur, D.D.Roy&P.Dinakar (2008), Textbook of Dairy Chemistry, Published by ICAR.

#### For FNTGDSE03T:

1. Manay NS, Shadaksharaswamy M. (2008) Foods facts and Principles, 3<sup>rd</sup>edi., New Age International (p) limited, publishers.

#### **Recommended Text books:**

#### For PAPER V & VII:

- 1. Lehninger, A.L.; Nelson, D. L. and Cox, M. M. Principles of Biochemistry. CBS Publishers and Distributors.
- 2. A.C Deb, (2001) Fundamental of Biochemistry, New Central Book Agency (p) Ltd; 9th edition.
- **3.** Debajyoti Das, Biochemistry, 14<sup>th</sup> Ed, Academic publishers.
- 4. Frazier, W. C. and Westhoff, D. C. (1988): 4th edition, Food Microbiology, MaGraw Hill Inc.
- **5.** Jay James. N. (1986) : 3rd edition, modern Food Microbiology, Van Nestrand Reinhold Company Inc.
- 6. Pelczar, M.I. and Reid, K. D. (1978): Microbiology, McGraw Hill Company, New York.
- 7. Benson Harold, J. (1990) : Microbiological Application, Publishers, U.S.A.
- 8. Colling, C.E. and Lyne, P.M. (1976) : Microbiological Methods Butterworth. London
- 9. Jay JM, Modern Food Microbiology, CBS Publication New Delhi 3rd Ed. 1987

For PAPER VI :

- 1. Anderson, L., Dibble, M.V., tukki, P.R., Mitchall, H.S., and Rynbergin H.J.: Nutrition in Health and Disease, 17th edition, J. B. Lipincott& Co. Philadelphia.
- 2. Antia F. P.: Clinical Dietetics and Nutrition, Second Edition, Oxford University Press, Delhi.
- **3.** Mahan, L. K., Arlin, M. T.: Krause's Food, Nutrition and Diet Therapy. 8th edition, W. B. Saunders Company, London.





## Prasanta Chandra MahalanobisMahavidyalaya

## Lesson Plan- 2018-2019

## Semester I Programme Course

## Name of the Department: COMPUTER SCIENCE

Period	Hons/	Paper Name	Topics	Methods and	Methods of	Number	Name of
	Program	and Paper Code		materials	Evaluation	of	the
	me					classes	Teacher
	Course					allotted	assigned
						in hours	_
September-	Program	CMSGCOR01T	Computer	Chalk and	class test	30	SS
November	me	CMSGCOR01P	Fundamental	Board method,	Internal	30	SD
	Course		S	Lecture method			
			Planning the	and texts and			
			Computer	reference books			
			Program				
			Techniques				
			of problem				
			Solving				
			Overview of				
			Programming				
			Introduction				
			to Python				
December-	Program	CMSGCOR01T	Creating	Chalk and	class test	30	
january	me	CMSGCOR01P	Python	Board method,	Internal	30	SS
	Course		Programs	Lecture method			
			Structures	and texts and			
			Introduction	reference books			
			to Advanced				
			Python				

### **Recommended Text books:**

1. T. Budd, Exploring Python, TM H, 1st Ed, 2011





# Prasanta Chandra MahalanobisMahavidyalaya

## Lesson Plan- 2018-19

## PART II Programme Course

## Name of the Department: COMPUTER SCIENCE

Period	Hons/	Paper Name	Topics	Methods	Methods	Number	Name of
	Programme	and Paper	-	and	of	of	the
	Course	Code		materials	Evaluation	classes	Teacher
						allotted	assigned
						in hours	8
August to	Programme	CMSG	WORDPROCESSING:	Hands on	Assignment	20	SD
January	Course	PAPER-II	Opening, creating,	Practical	C		
		Practical	saving, quitting	Demonstration			
		Group B :	documents. Using				
		Wordprocessing	menus and toolbars.				
		, Document	Text				
		Preparation &	Picture				
		Presentation	SPREADSHEET: Data				
		and Spreadsheet	Entry Excel practical:				
			Calculation and use of				
			formula display				
			print.				
			Excel practical:				
			Graphs and Charts				
			Macros: Creation,				
			running shortcut				
			Mail Merge				
			Filter operation				
			DOS Practical: Files				
			and Directories, Copy,				
			Delete, Rename				
			Directory, Creation,				
			Pipes and Filters				
			Pattern searching.				
		Group C ·		Hands on	Assignment	30	SD
		Programming in	<b>Basic Structure</b>	Practical		20	~2
		C	<b>Operators:</b>	Demonstration			
		-	Arithmetic,				
			Assignment				
			Increment and				
			Decrement,				
			Conditional				
			Arrays: One-				
			dimensional and 2-				
			dimensional. Different				
			types of uses.				

			Userdefinedfunctions:Call byReference and Call byvalue;return valuesand types;nesting offunctions;recursion.StructuresPointers:.Declarationandinitialization;operators;operators;pointerarithmetics;accessingvariables,pointer &arraysFile handling				
February- June	Programme Course	CMSG PAPER-III Group A: (Theoretical) Group A1 : System Analysis and Design Group A2: Database Management	Introduction : System Life Cycle : Waterfall model Planning : DFD and ERD Design and Modelling: feasibility study. Cost-benefit analysis Modularity : Module specification concepts; coupling and cohesion Maintenance: Evaluation, testing and validation. Maintenance issues Overview: Files and database. Traditional Models: Network, Hierarchical and Relational. Comparison Relational Algebra Relational Algebra Relational Calculus Query Language : Normalization (upto 3NF) File Organizations Database Design	Chalk and Board method, Lecture method and texts and reference books	class test	20	SD
		Practical Database Design and Applications	<i>SQL:</i> Constructs; insert, delete, update, view, temporary tables; nested queries, API types of call, native API, ODBC	Hands on Practical Demonstration	Assignment	20	SD

1. An Integrated Approach to Software Engineering by Pankaj Jalote, Narosa Publishing House

2. Database System Design y Elmasri, Navathe, Somayajulu, Gupta, Pearson Education

#### Prasanta Chandra Mahalanobis Mahavidyalaya

### Lesson Plan- 2018-19

### **PART III Programme Course**

#### Name of the Department: COMPUTER SCIENCE

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted in hours	Name of the Teacher assigned
August – January	Programme Course	CMSG Paper IV Group A : Communication and Computer Networks	CommunicationConcepts:AnalogandDigitalcommunicationstrength,bandwidth, datarate,channelcapacity.S/Nratio,modulationmodulationanddemodulationFSK, ASK.Transmissionmedia:Guided(twisted pair,co-axial, opticalfiber)andunguided(microwave,satellite)AudioAudioandVideocommunicationsystems:Analoganddigitaltelephone, AM& FMradio,	Chalk and Board method, Lecture method and texts and reference books	class test	30	SD

February- June	Programme	CMSG Paper IV	cable TV network, ISDN, paging, cordless and cellular phones, ATM. Computer Networks	Chalk and Board method	class test	30	SD
			LAN, MAN, WAN Architecture – OSI, TCP/IP and http protocol LAN : Ethernet and Token Ring topology High speed LANs Internetworking Modems, bridges and routers, connectivity concepts. Network security. The Internet : basic idea, DNS and URL, IP address, browsers E-mail	Lecture method and texts and reference books			
		Practical Group B1 : Shell Programming	<i>Files</i> & <i>Directories</i> : Copy, delete, rename, compare files, create, navigate, remove directories, access vi editor, status of users, background jobs; Pipes & filters; cutting, pastings and sorting of files, pattern searching in a string. <i>Shell</i> <i>Programming</i> : Concept and simple	Hands on Practical Demonstration	Assignment	40	SD

	programming problems		

1. Data Communications and Networking by Behrour A. Forouzan, 4th Edition, TMH



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## Lesson Plan- 2018-19

### Semester II General Course

## Name of the Department: Computer Science

Period	Hons/ Programme Course	Paper Name and Paper Code	Topics	Methods and materials	Methods of Evaluation	Number of classes allotted	Name of the Teacher assigned
March- April	Programme Course	CMSGCOR02T	Introduction to DBMS ERD	Chalk and Board method, Lecture method, Power point presentation and texts and reference books	class test Internal	in hours 30	SD
		CMSGCOR02P	Practical	Hands on Practical Demonstrati on	Assignment	20	SD
May- June	Programme Course	CMSGCOR02T	Relational Data Model Database design	Chalk and Board method, Lecture method ,Power point presentation and texts and reference books	class test Internal	30	SD
		CMSGCOR02P	Practical	Hands on Practical Demonstrati on	Assignment	20	SD

1. R. Elmasri, S.B. Navathe, Fundamentals of Database Systems 6<sup>th</sup> Edition, Pearson Education, 2010.



